



ANGSANA  
LĂNG CÔ  
CENTRAL VIETNAM

# Resort Information & Activities Booklet







DINING

SPA & WELLBEING

LAGUNA GOLF

EXPERIENCES &  
WATERSPORT

101 THINGS TO DO

CELEBRATION MENU

BIODIVERSITY FOR FAMILY

SHUTTLE BOAT

SHUTTLE SERVICES & TOURS

RESORT MAP

DAILY ACTIVITIES

PROMOTIONS OF THE MONTH

Please tap to explore and navigate through the digital booklet.





# Dining in Lang Co Bay

Angsana Lang Co caters to all tastes with a choice of four restaurants within our resort. Guests also have access to four more restaurants at our sister property, the Banyan Tree Lăng Cô luxury resort. From international favourites to authentic Vietnamese and Southeast Asian cuisines, all our restaurants bring you some of the finest dining the world has to offer.

ANGSANA

[DISCOVER NOW](#)

BANYAN TREE

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# Spa & Wellbeing

Close your eyes. Inhale. Exhale. Recharge.

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that burst unexpectedly into a fragrant shower of golden yellow blooms.

The glorious Angsana constantly reminds us to live life and savour every moment as time passes inexorably.

ANGSANA SPA

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BANYAN TREE SPA

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# Laguna Golf Lang Co

As a championship course designed by Sir Nick Faldo, it offers a variety of challenges for players of all levels. Measuring just under 7,100 yards from the championship tees and a beginner-friendly 5,263 yards from the front tees, the course is strategically planned with a traditional out-and-back routing. Players can enjoy varied shot opportunities along the way, leaving them with a unique sense of place in the rustic hinterland destination.

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# Experiences & Watersport

A multitude of entertaining and relaxing activities await you at Angsana Lăng Cô. Skim the gentle waves of the East Sea with water skiing, kayaking, jet skiing, parasailing or fishing. Sporting thrill seekers will get an adrenaline rush from our acrobatic bungee trampoline, ATV rides or mountain biking. Immerse yourself in our endless activities during your stay in Angsana Lăng Cô!

Activities, Excursions and Tours

Complimentary Activities

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**DISCOVER NOW**







# 101 Things To Do

Discover Angsana Lang Co, the perfect destination for families with its wide range of kids-friendly facilities and activities. From the signature Rangers' Club to 300-metre mega free-form resort pool, and "101 Things to Do" featuring educational and water sports activities; there are plenty of options for family fun.

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# Celebration Menus

Featuring state-of-the-art facilities, stylish accommodations, and innovative dining experiences, Angsana Lang Co offers you an inspiring beach setting for any kind of celebration, whether a private birthday party, social gathering, landmark anniversary, or family reunion.

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# Biodiversity for Family

At Angsana Lang Co, we believe in creating long-term value and making a meaningful impact on destinations and communities.

We hope to raise awareness of respecting and preserving biodiversity, reconnect you and your loved ones with Mother Nature, and inspire our little guests to be mindful of the natural world around them.

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# Shuttle Boat

Wander amidst the lush and unspoiled greenery.

## From Angsana Jetty

8:30	14:00
9:00	14:30
9:30	15:00
10:00	15:30
10:30	16:00
11:00	16:30

## From Banyan Tree Jetty

8:45	14:15
9:15	14:45
9:45	15:15
10:15	15:45
10:45	16:15
11:15	16:45







The journey from Banyan Tree Lang Co to the trifecta of Hoi An - Danang - Hue allows you to easily access the unspoiled greenery, vibrant streets, and captivating culture.

Explore the culturally rich beauty of Central Vietnam, from the UNESCO World Heritage Sites of the Citadel of Hue, the charming Hoi An Ancient Town, the historical My Son Sanctuary to the natural wonders of Bach Ma National Park with our diverse tours and excursions.

Tours &  
Excursions

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Shuttle  
Services

[DISCOVER NOW](#)







### BANYAN TREE LANG CO

- |                     |                     |
|---------------------|---------------------|
| <b>Facilities</b>   | <b>Villa</b>        |
| 1 Wedding Chapel    | 1 Lagoon Pool Villa |
| 2 Reception / Lobby | 2 Beach Pool Villa  |
| 3 Boardroom         |                     |
| 4 Banyan Tree Spa   |                     |
| 5 Yoga              |                     |

### Restaurant

- |                   |
|-------------------|
| 1 Saffron         |
| 2 The Water Court |
| 3 Thu Quan        |
| 4 Azura           |

### ANGSANA LANG CO

- |                            |                        |
|----------------------------|------------------------|
| <b>Facilities</b>          | <b>Restaurant</b>      |
| 6 Angsana Spa              | 5 Rice Bar & Rice Bowl |
| 7 Reception / Lobby        | 6 Market Place         |
| 8 Ballroom / Meeting Rooms | 7 Moomba / Pool Bar    |
| 9 Kids Pool and Kids Club  |                        |
| 10 Water Sport's Centre    | Room / Suites          |

### LAGUNA GOLF LANG CO

- |                   |                   |
|-------------------|-------------------|
| <b>Facilities</b> | <b>Restaurant</b> |
| 11 Tennis Court   | 8 Golf Cafe       |
| 12 Golf           |                   |

### JETTY

- |                          |                            |
|--------------------------|----------------------------|
| 1 Water Court Restaurant | 1 Laguna Lifestyle Hub     |
| 2 Banyan Tree Lobby      | Lifestyle Café & Mini Mart |
| 3 Thanh Toan Bridge      | 2 Laguna Park              |
| 4 Angsana Building 3     |                            |
| 5 Angsana Looby          |                            |
| 6 Water Sports           |                            |
| 7 Golf   Laguna Park     |                            |

# RESORT MAP





# DAILY ACTIVITIES

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

The schedule is subject to availability, weather conditions, change or cancellation at the time of booking.

Terms and conditions apply. For more information, please get in touch with our Reception desk.

**TERMS AND  
CONDCTIONS**





# Monday

- 7:00 – 8:00 **BOOTCAMP**  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 – 9:15 **CHEST OPENING YOGA (BEGINNER)**  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 9:00 – 10:00 **FOLK TOY TO HE MAKING**  
*Venue: Handicraft Corner*  
*VND 190,000 Nett/person*
- 9:00 – 10:00 **ARCHERY COMPETITION**  
*Venue: Water Sport Centre*
- 10:00 – 11:00 **ATV RIDE 20M**  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 10:00 – 11:00 **RESORT PHOTOGRAPHY TOUR**  
*Venue: Banyan Tree Lobby (Maximum 6 people)*
- 11:00 – 11:45 **NUTRITION WORKSHOP**  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 – 12:00 **HOW TO MAKE VIETNAMESE COFFEE**  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00 **A GUIDE TO VIETNAMESE COFFE: SALTY COFFEE**  
*Venue: Water Court (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 13:00 – 14:00 **TOWEL ANIMALS FOLDING ARTISTRY**  
*Venue: Market Place (Maximum 6 people)*
- 13:00 – 14:00 **BASIC SNOKERLING LESSON**  
*Venue: Diving Pool (Maximum 6 people)*
- 13:00 – 16:00 **VIETNAMESE/ THAI COOKING CLASS**  
*Venue: Water Court/ Saffron*  
*Chargeable*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Monday

- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
 Venue: *Thu Quan (Minimum 2 people)*  
 VND 350,000++/person
- 14:00 – 15:00 CORE STRENGTH YOGA (ADVANCED)  
 Venue: *Yoga Pavilion (Maximum 8 people)*  
 VND 200,000 Nett/person
- 14:00 – 15:00 INCENSE MAKING  
 Venue: *Handicraft Corner (Minimum 6 people)*  
 VND 190,000 Nett/person
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
 Venue: *Banyan Tree Gallery (Minimum 5 people)*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
 Venue: *Thu Quan (Minimum 2 people)*  
 VND 200,000 Nett/person
- 15:00 – 16:00 ORIGAMI ART  
 Venue: *Market Place (Maximum 8 people)*
- 15:00 – 16:00 ATV RIDE 20M  
 Venue: *Water Sport Centre (Maximum 12 people)*  
 VND 600,000 Nett/person
- 16:00 – 17:00 DEEP RELAXATION  
 Venue: *Yoga Pavilion (Maximum 8 people)*
- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
 Venue: *Angsana Gallery (Maximum 5 people)*  
 VND 280,000 Nett/person
- 16:00 – 17:00 TABLE TENNIS TOURNAMENT  
 Venue: *Ballroom Foyer (Maximum 10 people)*
- 17:00 – 18:00 TOTAL BODY WORKOUT  
 Venue: *Wedding Chapel - Dry weather*  
*Ballroom - Wet weather*  
 (Maximum 6 people)





# Tuesday

- 7:00 – 8:00 AQUATIC EXERCISE  
*Venue: Diving Pool (Maximum 6 people)*
- 8:15 – 9:15 VIETNAMESE TRADITIONAL FOLK DANCE  
*Venue: Yoga Pavillion (Maximum 8 people)*
- 9:00 – 10:00 CONICAL HAT PAINTING  
*Venue: Handicraft Corner (Maximum 6 people)*  
VND 215,000 Nett/person
- 9:00 – 11:00 FISHING VILLAGE CYCLING  
*Venue: Hotel Lobby (From 2 to 8 people)*  
VND 800,000 Nett/person
- 9:00 – 11:00 STAY FOR GOOD: ELDERLY CARE  
*Venue: Hotel Lobby (Maximum 4 people)*
- 10:00 – 11:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
VND 600,000 Nett/person
- 10:00 – 11:00 TAI CHI  
*Venue: Yoga Pavillion (Maximum 6 people)*  
VND 200,000 Nett/person
- 11:00 – 12:00 A GUIDE TO VIETNAMESE COFFEE:  
PHIN FILTER DRIP COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00 A GUIDE TO VIETNAMESE COFFE:  
COCONUT COFFEE  
*Venue: Water Court (Minimum 2 people)*  
VND 200,000 Nett/person



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Tuesday

- 13:00 – 14:00 LET'S SPEAK VIETNAMESE  
*Venue: Water Court (Maximum 6 people)*
- 13:00 – 16:00 VIETNAMESE/ THAI COOKING CLASS  
*Venue: Water Court/ Saffron*  
*Chargeable*
- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 350,000++/person*
- 14:00– 15:00 BAMBOO CUP PAINTING  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 205,000 Nett/person*
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 15:00 – 16:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 15:00 – 16:30 BIRD WATCHING  
*Venue: Bird Gallery (Maximum 6 people)*
- 16:00 – 17:00 THE ART OF VIETNAMESE TEA  
*Venue: Rice Bar (Maximum 8 people)*
- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
*Venue: Angsana Gallery (Maximum 5 people)*  
*VND 280,000 Nett/person*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Tuesday

- 16:00 – 17:00 DART TOURNAMENT  
*Venue: Ballroom Foyer (Maximum 10 people)*
- 17:00 – 18:00 FIRM ABS WORKOUT  
*Venue: Wedding Chapel - Dry weather  
Ballroom - Wet weather  
(Maximum 6 people)*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Wednesday

- 7:00 – 8:00 JOGGING  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 – 9:15 VIETNAMESE TRADITIONAL FOLK DANCE  
*Venue: Yoga Pavillion (Maximum 8 people)*
- 9:00 – 10:00 LOTUS PAPER MAKING  
*Venue: Handicraft Corner (Maximum 6 people)*  
VND 190,000 Nett/person
- 9:00 – 10:00 ARCHERY COMPETITION  
*Venue: Water Sport Centre*
- 9:00 – 11:00 STAY FOR GOOD: DISABLED CHILD CARE  
*Venue: Hotel Lobby (Maximum 12 people)*
- 10:00 – 11:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
VND 600,000 Nett/person
- 10:00 – 11:00 LET'S LEARN TO SWIM  
*Venue: Diving Pool (Maximum 6 people)*
- 11:00 – 12:00 HOW TO MAKE VIETNAMESE COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00 A GUIDE TO VIETNAMESE COFFE: EGG COFFEE  
*Venue: Water Court (Minimum 2 people)*  
VND 200,000 Nett/person
- 13:00 – 14:00 CALLIGRAPHY ART  
*Venue: Market Place (Maximum 8 people)*
- 13:00 – 16:00 VIETNAMESE/ THAI COOKING CLASS  
*Venue: Water Court/ Saffron*  
Chargeable





# Wednesday

- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 350,000++/person*
- 14:00 – 15:00 BAMBOO WEAVING  
*Venue: Handicraft Corner (Maximum 4 people)*  
*VND 175,000 Nett/person*
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 14:00 – 16:00 SAFFRON FREE-FLOW DRINKS  
*Venue: Saffron*  
*Chargeable*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 15:00 – 16:00 HOW TO MAKE THAI TEA  
*Venue: Saffron (Minimum 2 people)*  
*VND 150,000 Nett/person*
- 15:00 – 16:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 15:00 – 16:00 VIETNAMESE TRADITIONAL BAMBOO DANCE  
*Venue: Banyan Tree Lobby*
- 16:00 – 17:00 YOUR-MIXOLOGIST-SELF: MOCKTAILS  
*Venue: Rice Bar (Maximum 8 people)*  
*VND 150,000 Nett/person*
- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
*Venue: Angsana Gallery (Maximum 5 people)*  
*VND 280,000 Nett/person*





# Wednesday

- 16:00 – 17:00 MINI FOOTBALL  
*Venue: Ballroom Garden (Maximum 10 people)*
- 17:00 – 18:00 LOWER BODY WORKOUT  
*Venue: Wedding Chapel - Dry weather  
Ballroom - Wet weather  
(Maximum 6 people)*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Thursday

- 7:00 – 8:00    AQUATIC EXERCISE  
*Venue: Diving Pool (Maximum 6 people)*
- 8:15 – 9:15    BODY BALANCE YOGA (BEGINNER)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 9:00 – 10:00    COCONUT SHELL BOWL PAINTING  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 205,000 Nett/person*
- 9:00 – 11:00    FISHING VILLAGE CYCLING  
*Venue: Hotel Lobby (From 2 to 8 people)*  
*VND 800,000 Nett/person*
- 8:30 – 10:30    STAY FOR GOOD: ENGLISH IS FUN  
*Venue: Hotel Lobby (Maximum 12 people)*
- 10:00 – 11:00    ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 10:00 – 11:00    TAI CHI  
*Venue: Yoga Pavillion (Maximum 6 people)*  
*VND 200,000 Nett/person*
- 11:00 – 11:45    NUTRITION WORKSHOP  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 – 12:00    HOW TO MAKE VIETNAMESE COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00    A GUIDE TO VIETNAMESE COFFE:  
COCONUT COFFEE  
*Venue: Water Court (Minimum 2 people)*  
*VND 200,000 Nett/person*



Please tap the button "MORE DETAILS"  
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**MORE DETAILS**



# Thursday

- 13:00 – 14:00 LET'S SPEAK VIETNAMESE  
*Venue: Water Court (Maximum 6 people)*
- 13:00 – 16:00 VIETNAMESE/ THAI COOKING CLASS  
*Venue: Water Court/ Saffron*  
*Chargeable*
- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 350,000++/person*
- 14:00 – 15:00 RESTORATIVE (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 14:00 – 15:00 FOLK TOY TO HE MAKING  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 190,000 Nett/person*
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 14:00 – 16:00 SAFFRON FREE-FLOW DRINKS  
*Venue: Saffron*  
*Chargeable*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 15:00 – 16:00 HOW TO MAKE THAI TEA  
*Venue: Saffron (Minimum 2 people)*  
*VND 150,000 Nett/person*
- 15:00 – 16:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*





# Thursday

- 15:00 – 16:30 BIRD WATCHING  
*Venue: Bird Gallery (Maximum 6 people)*
- 16:00 – 17:00 GRATITUDE MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
*Venue: Angsana Gallery (Maximum 5 people)*  
*VND 280,000 Nett/person*
- 16:00 – 17:00 TABLE SOCCER TOURNAMENT  
*Venue: Ballroom Foyer (Maximum 10 people)*
- 17:00 – 18:00 FIRM ABS WORKOUT  
*Venue: Wedding Chapel - Dry weather*  
*Ballroom - Wet weather*  
*(Maximum 6 people)*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Friday

- 7:00 – 8:00 **BOOTCAMP**  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 – 9:15 **STRESS RELIEF YOGA (INTERMEDIATE)**  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 9:00 – 10:00 **INSENCE MAKING**  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 190,000 Nett/person*
- 9:00 – 10:00 **ARCHERY COMPETITION**  
*Venue: Water Sport Centre*
- 10:00 – 11:00 **ATV RIDE 20M**  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 10:00 – 11:00 **RESORT PHOTOGRAPHY TOUR**  
*Venue: Banyan Tree Lobby (Maximum 6 people)*
- 11:00 – 11:45 **HEALING SINGING BOWLS**  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 – 12:00 **HOW TO MAKE VIETNAMESE COFFEE**  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00 **A GUIDE TO VIETNAMESE COFFE: SALTY COFFEE**  
*Venue: Water Court (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 13:00 – 14:00 **TOWEL ANIMALS FOLDING ARTISTRY**  
*Venue: Market Place (Maximum 6 people)*
- 13:00 – 14:00 **BASIC SNOKERLING LESSON**  
*Venue: Diving Pool (Maximum 6 people)*
- 13:00 – 16:00 **VIETNAMESE/ THAI COOKING CLASS**  
*Venue: Water Court/ Saffron*  
*Chargeable*





# Friday

- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 350,000++/person*
- 14:00 – 15:00 HIP OPENING YOGA (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 14:00 – 15:00 CONICAL HAT PAINTING  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 215,000 Nett/person*
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 14:00 – 16:00 SAFFRON FREE-FLOW DRINKS  
*Venue: Saffron*  
*Chargeable*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 15:00 – 16:00 HOW TO MAKE THAI TEA  
*Venue: Saffron (Minimum 2 people)*  
*VND 150,000 Nett/person*
- 15:00 – 16:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 15:00 – 16:00 ORIGAMI ART  
*Venue: Market Place (Maximum 8 people)*
- 16:00 – 17:00 MANTRA MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*





# Friday

- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
*Venue: Angsana Gallery (Maximum 5 people)*  
*VND 280,000 Nett/person*
- 16:00 – 17:00 GLADIATOR JOUSTING  
*Venue: Ballroom Foyer (Maximum 10 people)*
- 17:00 – 18:00 TOTAL BODY WORKOUT  
*Venue: Wedding Chapel - Dry weather*  
*Ballroom - Wet weather*  
*(Maximum 6 people)*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Saturday

- 7:00 – 8:00 AQUATIC EXERCISE  
*Venue: Diving Pool (Maximum 6 people)*
- 8:15 – 9:15 MORNING YOGA (BEGINNER)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
VND 200,000 Nett/person
- 9:00 – 10:00 BAMBOO CUP PAINTING  
*Venue: Handicraft Corner (Maximum 6 people)*  
VND 205,000 Nett/person
- 9:00 – 11:00 FISHING VILLAGE CYCLING  
*Venue: Hotel Lobby (From 2 to 8 people)*  
VND 800,000 Nett/person
- 10:00 – 11:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
VND 600,000 Nett/person
- 10:00 – 11:00 TAI CHI  
*Venue: Yoga Pavilion (Maximum 6 people)*  
VND 200,000 Nett/person
- 11:00 – 11:45 SLEEP ENHANCEMENT WORKSHOP  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 – 12:00 HOW TO MAKE VIETNAMESE COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00 A GUIDE TO VIETNAMESE COFFEE:  
COCONUT COFFEE  
*Venue: Water Court (Minimum 2 people)*  
VND 200,000 Nett/person
- 13:00 – 14:00 LET'S SPEAK VIETNAMESE  
*Venue: Water Court (Maximum 6 people)*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Saturday

- 13:00 – 16:00 VIETNAMESE/ THAI COOKING CLASS  
*Venue: Water Court/ Saffron*  
*Chargeable*
- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 350,000++/person*
- 14:00 – 15:00 BACKBEND YOGA (ADVANCED)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 14:00 – 15:00 LOTUS PAPER MAKING  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 190,000 Nett/person*
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 14:00 – 16:00 SAFFRON FREE-FLOW DRINKS  
*Venue: Saffron*  
*Chargeable*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 15:00 – 16:00 HOW TO MAKE THAI TEA  
*Venue: Saffron (Minimum 2 people)*  
*VND 150,000 Nett/person*
- 15:00 – 16:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*





# Saturday

- 15:00 – 16:30 BIRD WATCHING  
*Venue: Bird Photo Gallery (Maximum 6 people)*
- 16:00 – 17:00 BODY SCAN MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 16:00 – 17:00 THE ART OF VIETNAMESE TEA  
*Venue: Rice Bar (Maximum 8 people)*
- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
*Venue: Angsana Gallery (Maximum 5 people)*  
*VND 280,000 Nett/person*
- 16:00 – 17:00 POOL TOURNAMENT  
*Venue: Pool Table (Maximum 10 people)*
- 17:00 – 18:00 FIRM ABS WORKOUT  
*Venue: Wedding Chapel - Dry weather*  
*Ballroom - Wet weather*  
*(Maximum 6 people)*



Please tap the button "MORE DETAILS"  
for more information of the activities.

**MORE DETAILS**



# Sunday

- 7:00 – 8:00 JOGGING  
*Venue: Ballroom Garden (Maximum 6 people)*
- 8:15 – 9:15 SUN SALUTATION (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 9:00 – 10:00 BAMBOO WEAVING  
*Venue: Handicraft Corner (Maximum 4 people)*  
*VND 175,000 Nett/person*
- 9:00 – 11:00 ARCHERY COMPETITION  
*Venue: Water Sport Centre*
- 10:00 – 11:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 10:00 – 11:00 LET'S LEARN TO SWIM  
*Venue: Diving Pool (Maximum 6 people)*
- 11:00 – 11:45 BREATHING EXERCISE  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 11:00 – 12:00 HOW TO MAKE VIETNAMESE COFFEE  
*Venue: Market Place (Maximum 8 people)*
- 12:00 – 13:00 A GUIDE TO VIETNAMESE COFFE: EGG COFFEE  
*Venue: Water Court (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 13:00 – 14:00 CALLIGRAPHY ART  
*Venue: Market Place (Maximum 8 people)*





# Sunday

- 13:00 – 16:00 VIETNAMESE/ THAI COOKING CLASS  
*Venue: Water Court/ Saffron*  
*Chargeable*
- 14:00 – 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 350,000++/person*
- 14:00 – 15:00 IYENGAR (INTERMEDIATE)  
*Venue: Yoga Pavilion (Maximum 8 people)*  
*VND 200,000 Nett/person*
- 14:00 – 15:00 COCONUT SHELL BOWL PAINTING  
*Venue: Handicraft Corner (Maximum 6 people)*  
*VND 205,000 Nett/person*
- 14:00 – 15:00 HAND EMBROIDERY WORKSHOP  
*Venue: Banyan Tree Gallery (Maximum 5 people)*
- 14:00 – 16:00 SAFFRON FREE-FLOW DRINKS  
*Venue: Saffron*  
*Chargeable*
- 15:00 – 16:00 HOW TO MAKE HOT CHOCOLATE  
*Venue: Thu Quan (Minimum 2 people)*  
*VND 200,000 Nett/person*
- 15:00 – 16:00 HOW TO MAKE THAI TEA  
*Venue: Saffron (Minimum 2 people)*  
*VND 150,000 Nett/person*
- 15:00 – 16:00 ATV RIDE 20M  
*Venue: Water Sport Centre (Maximum 12 people)*  
*VND 600,000 Nett/person*
- 15:00 – 15:30 VIETNAMESE TRADITIONAL BAMBOO DANCE  
*Venue: Banyan Tree Lobby*





# Sunday

- 16:00 – 17:00 YOUR-MIXOLOGIST-SELF: MOCKTAILS  
*Venue: Rice Bar (Maximum 8 people)*  
*VND 150,000 Nett/person*
- 16:00 – 17:00 HO'OPONOPONO MEDITATION  
*Venue: Yoga Pavilion (Maximum 8 people)*
- 16:00 – 17:00 CANDLE MAKING WORKSHOP  
*Venue: Angsana Gallery (Maximum 5 people)*  
*VND 280,000 Nett/person*
- 16:00 – 17:00 PETANQUE TOURNAMENT  
*Venue: Ballroom Garden (Maximum 10 people)*
- 17:00 – 18:00 LOWER BODY WORKOUT  
*Venue: Wedding Chapel - Dry weather*  
*Ballroom - Wet weather*  
*(Maximum 6 people)*





# Terms and Conditions

- All prices are per person and inclusive of service charges and taxes
- Activities marked with \* will come with a prize for the winner
- Handicraft Corner is available from 9:00 to 20:00
- Boardgames are available at the Ballroom Foyer/ Thu Quan or at your preferred location
- All activities require 3 hours of booking in advance and are subject to availability
- Cooking Classes require 24 hours of booking in advance with confirmed dishes
- A full charge is applied for cancellation less than 1 hour prior to the booking time for all chargeable activities
- For more information or reservations, please contact Front Desk





# COMPLIMENTARY ACTIVITIES

SURF BOARD	20 Minutes
BOOGIE BOARD	20 Minutes
OBSTACLE COURSE	30 Minutes
TENNIS COURT	1 Hour
BADMINTON COURT	1 Hour
MINI FOOTBALL	30 Minutes

The complimentary activities are subject to availability, weather conditions, change or cancellation at the time of booking.

For more information, please get in touch with our Reception.