



ANGSANA  
SPA



Spa Menu



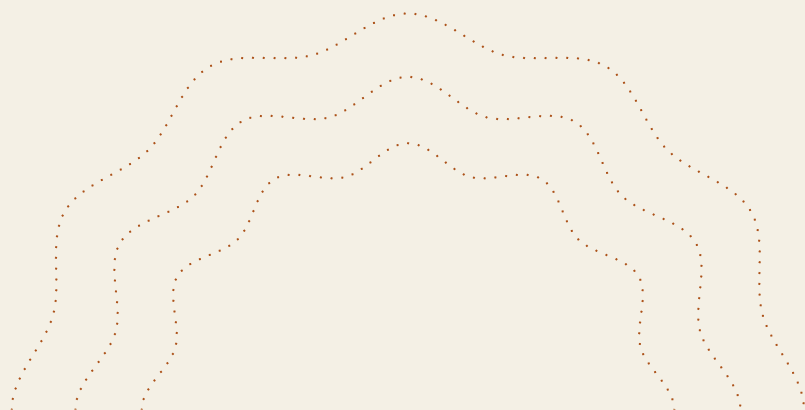
## Our Philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

## Sense of Serenity

Calm your mind and draw in the serenity of your surroundings.

Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.





## Please take a moment to read this

### Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

### Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot and selected a la carte treatments.

### Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

### Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

### Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

### Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

### Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

### Gift Certificate

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

### Disclaimer

The spa treatments, services and/or facilities received or utilised at Angsana Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

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# Angsana Signatures

A selection of spa packages specially designed to  
refresh and rejuvenate the mind and body.





## Floral Chic

### 180-minute treatment

RMB 1,950

60-minute Angsana massage  
15-minute nourish body wrap  
45-minute floral pouch scrub  
60-minute choice of facials

**Spa Tip:** Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.

## Vitality Starter

### 120-minute treatment

RMB 1,430

30- minute muscle stretching  
30- minute herbal salt compress  
60- minute choice of body massages

**Spa Tip:** Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.



# Essence of Angsana

Take your pick from an array of thoughtfully-designed  
spa packages, specially tailored for different needs of  
the ladies and gentlemen.



## Beauty Treat

### 120-minute treatment

RMB 1,350

60-minute choice of body massages or body treats

60-minute facial

**Spa Tip:** Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.

## Purify Touch

### 120-minute treatment

RMB 1,350

30-minute ginger warmer body polish

30-minute vitality mud mask

60-minute choice of body massages

**Spa Tip:** Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.

## Sweeten Up

### 120-minute treatment

RMB 1,350

30-minute macadamia nut body polish

60-minute moisturising massage

30-minute mini facial

**Spa Tip:** Ideal for those looking to unveil the inner glow. The macadamia nut is known to be packed with different vitamins and premature aging prevention benefit which works effectively to soften and moisturise your skin.

## Worry Free

### 90-minute treatment

RMB 1,180

60-minute javanese massage

30-minute scalp massage

**Spa Tip:** Ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.

## Wake Up Call

### 90-minute treatment

RMB 1,180

60-minute fusion massage

30-minute foot massage

**Spa Tip:** Ideal for those looking to energise the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.



# Rainmist Experience

A signature Angsana Spa innovation, the revitalising Rainmist experience combines cascading rain shower and steam bath with pampering body treatments.





## Rainmist Indulgence

### 120-minute treatment

RMB 1,430

- 10 - minute rainmist.
- 20 - minute ginger body polish
- 5 - minute rain shower
- 15 - minute ginger body conditioner
- 10 - minute rain shower
- 60 - minute choices of body massage

**Spa Tip:** Soothe your body with the signature rainmist experience complete with an indulgent series of body treats.

## Rainmist Classic

### 60-minute treatment

RMB 830

- 10 - minute rainmist.
- 20 - minute jasmine frangipani salt body polish
- 5 - minute rain shower.
- 15 - minute soya honey body conditioner and steam
- 10 - minute rain shower

**Spa Tip:** An invigorating rain shower combined with moisturising body treatments to awaken your senses and hydrate the skin.



# Body Massages

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalise the senses.

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60-minute treatment	RMB 800
90-minute treatment	RMB 1,130



## Angsana

A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

## Fusion

A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.

## Javanese

Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonise the mind, as music is to the soul.

## Thai

Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

## Dreams

Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.



# Foot Reflexology

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

30-minute treatment	USD 105
45-minute treatment	USD 115





## Cloud Nine

90-minute treatment

RMB 900

**Spa Tip:** Induce deep relaxation with a back massage and soothe your cares with a foot polish. Complete this revitalising treatment with a foot reflexology massage.

## Sole to Soul

60-minute treatment

RMB 550

**Spa Tip:** Untie the knots in your tired feet and comfort your worn-out body with a foot polish followed by an energising foot reflexology massage.

### \*choice of foot baths:

- aroma salt: ideal for detoxifying and cleansing the skin.
- citrus: ideal for boosting the immune system and has anti-oxidant and anti-inflammatory properties.
- ginger: ginger improves blood circulation and has an anti-inflammatory effect.
- ginseng: ginseng is beneficial for alleviating fatigue and enhancing immunity.
- milk: milk moisturises and nourishes the skin, leaving it soft and dewy.





# Quick Fix

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

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30-minute treatment RMB 490

45-minute treatment RMB 680



## **Back Energy**

Iron out aches and tensions in the back with this medium to strong pressure massage.

## **Foot Loose**

Step out with happier feet after an energising leg and foot massage.

## **Head & Shoulders**

Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.



# Facials

Indulge in our revitalising facial treatments to leave  
your skin glowing with refreshed vitality.





## Age Defier

60-minute treatment

RMB 1,330

**Spa Tip:** Enriched with premium caviar and pearl extracts, this facial nourishes and smoothes fine lines. Let the innovative therapy of natural enzymes and marine ingredients unclog pores and prepares your skin for greater absorbency. Look radiant after a firming mask packed with collagen goodness. Ideal for matured skin.

## Brilliant Balancer

60-minute treatment

RMB 900

**Spa Tip:** Feel the bounce in your skin after this aromatic treatment. Botanical ingredients such as the arnica herb, aloe and lemongrass normalise sebum secretion and tighten pores. For brilliant-looking skin, a balancing facial mask comprising kaolin, carrot oil and green apple repairs and purifies. Ideal for oily & combination skin.

## Dewy Booster

60-minute treatment

RMB 900

**Spa Tip:** Restore a youthful radiance to your complexion with this perfect remedy for hydrating. Brimming with natural plant and flower extracts, this facial allows nutrients to be absorbed by the skin after it is deeply cleansed. A vitamin-enriched strawberry facial mask tickles your senses with its fruity aroma. Ideal for normal & dry skin.

## Splendid Soother

60-minute treatment

RMB 900

**Spa Tip:** Give your skin a well-deserved treat! Feel refreshingly clean as the treatment diffuses redness and calms the skin. After a deep cleansing, a creamy facial mask containing shea butter and chamomile oil is applied to your face. Emerge with a visibly smoother appearance and feeling at peace from within. Ideal for sensitive skin.

## Miracle Eyes Treatment

30-minute treatment

RMB 490

**Spa Tip:** An anti-ageing treat using Ginkgo biloba for eye contour. This specialised treatment hydrates and focuses on delicate areas around the eyes with lifting techniques to reduce dark circles and puffiness.





# Body Polishes

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

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30-minute treatment      RMB 460



## **Almond Milk** For all skin types

**Spa Tip:** A natural skin brightener where the skin is left lighter and more refined.

## **Fruits Delight** For all skin types

**Spa Tip:** Cleanse and brighten your skin with this anti-oxidant body scrub consisting of orange, carrot, apple and lime juice.

## **Honey Sesame** For normal & dry skin

**Spa Tip:** Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

## **Jasmine Frangipani** For oily skin

**Spa Tip:** Smell your floral best and show off sparkling skin after the treatment.



# Body Conditioners

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

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30-minute treatment    RMB 530



## **Aloe Cream** For dry skin

**Spa Tip:** Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

## **Avocado Smoothie** For all skin types

**Spa Tip:** A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.

## **Mud Mask** For normal & oily skin

**Spa Tip:** A deep cleansing treatment using rich mud to detoxify and nourish the skin.

## **Olive Soother** For all skin types

**Spa Tip:** This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.

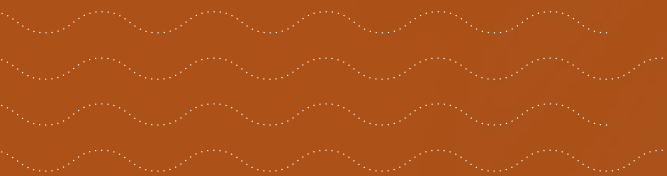


# Calming Baths

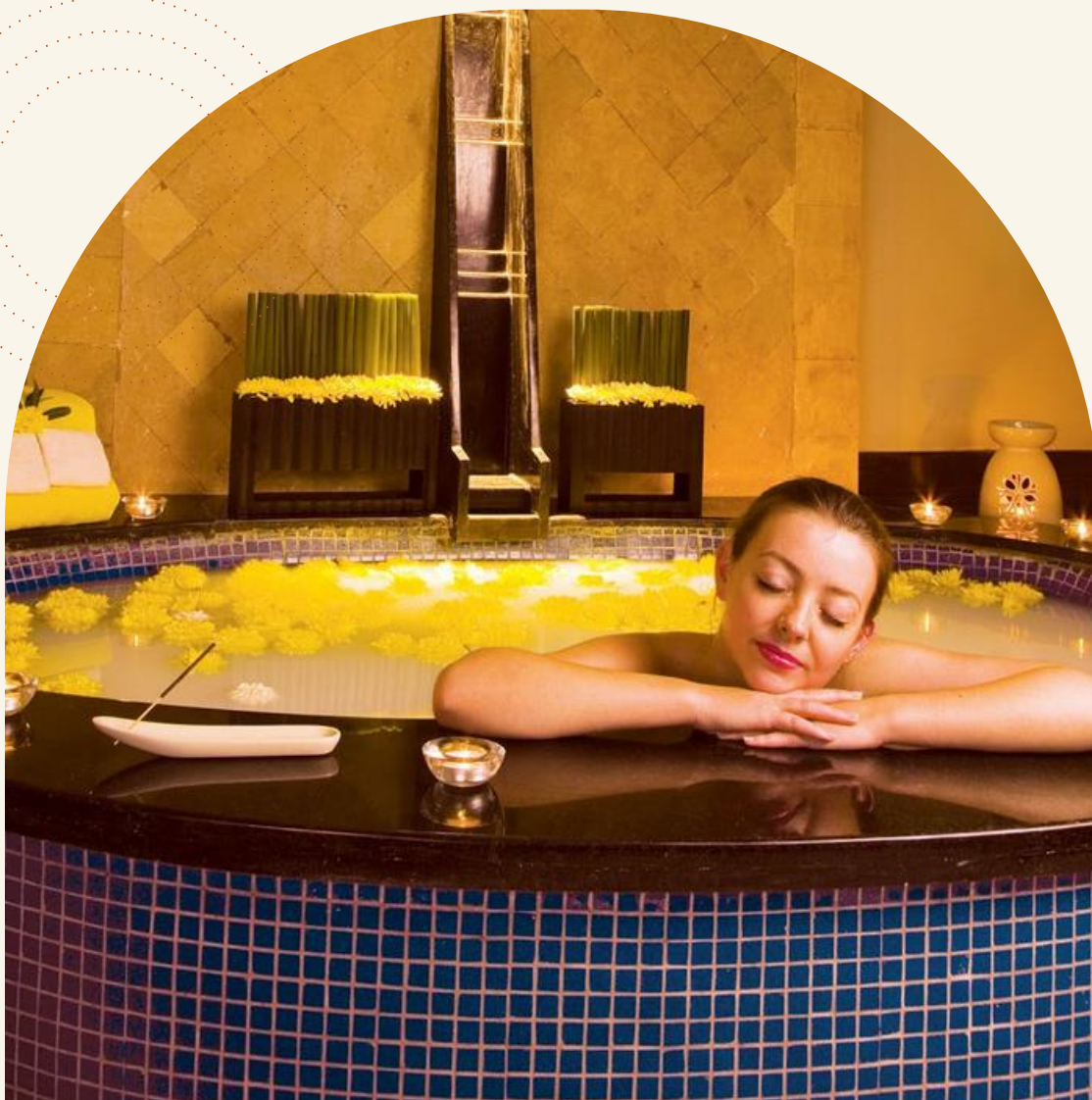
Choose your favourite calming bath to complete  
your pampering spa experience.

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30-minute treatment      RMB 390







## Coffee

**Spa Tip:** The aromatic scent of the coffee helps to relax your body and mind.

## Eucalyptus

**Spa Tip:** Feel totally energised with this uplifting bath to perk up your senses.

## Jasmine Frangipani

**Spa Tip:** Feel suitably refreshed with this fragrant bath to conclude your wellness treat.

## Orange Milk

**Spa Tip:** An irresistible bath, infused with fresh orange slices, milk and orange essential oil, packed with natural goodness and nutrients



# Essential Pampering

Treat your hands and feet to a pampering session,  
leaving them in tip top condition.



## Hand Deluxe

90-minute treatment

RMB 466

**Spa Tip:** The nails are cleaned and shaped according to your preference. A massage soothes the hands after a gentle scrub, followed by a hand mask to give a smooth and silky feel. It concludes with nail colouring or nail buffing.

## Hand Essentials

45-minute treatment

RMB 350

**Spa Tip:** The nails are cleaned and shaped according to your preference, while the hands are scrubbed and conditioned before a hand mask restores moisture to the skin.

## Shape & Hand Revarnish

30-minute treatment

RMB 233

**Spa Tip:** Relax and cleanse the hands with a warm towel followed by shaping and nail colouring.

## Smoother Hands

30-minute treatment

RMB 233

**Spa Tip:** Relax and cleanse the hands with a warm towel, gently exfoliate the dead skin cells followed by a mask to regain smoother hands.

## Foot Deluxe

90-minute treatment

RMB 466

**Spa Tip:** Pamper your neglected soles with this foot care programme. Nails are cleaned and shaped according to your preference. A massage relaxes the feet after a gentle scrub, followed by a foot mask for a velvety feel. It concludes with nail colouring or nail buffing.

## Foot Essentials

45-minute treatment

RMB 350

**Spa Tip:** Add a spring to your steps! Nails are cleaned, trimmed and shaped according to your preference, while the feet are scrubbed and conditioned before a foot mask restores moisture to the skin.

## Shape & Foot Revarnish

30-minute treatment

RMB 233

**Spa Tip:** Start with a skin softening foot soak in warm water followed by shaping and nail colouring.

## Softer Soles

30-minute treatment

RMB 233

**Spa Tip:** Enjoy a refreshing foot wipe followed by gentle exfoliation with a foot file and a mask for softer and smoother skin.



# Angsana for the Family

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and little ones. Ideal for kids aged 7 to 14.





## Family Bonding

90-minute treatment

RMB 2,100

For Mum and Dad:

30- minute body polish

60- minute massage

For Kid:

30- minute body polish\*

60- minute body conditioning massage

Spa Tip: Embrace the new definition of “family time”.

\*choices for kid's body polish:

- cocoa adventure
- milky way
- pink strawberry

\*\*choices for kid's face mask (only available for Girls Only treatment):

- cucumber cutie
- strawberry sweetie

## Girls Only

120-minute treatment

RMB 2,400

For Mum:

60-minute body massage

60-minute facial

For daughter:

30-minute body polish\*

45-minute body conditioning massage

15-minute face mask\*\*

30-minute nail painting

**Spa Tip:** A specially created mother-daughter escape for the reigning queen and princess.

## Boys' Hangout

90-minute treatment

RMB 2,000

For Dad:

90-minute body massage

For Son:

30-minute body polish\*

45-minute body conditioning massage

15-minute nail cut

**Spa Tip:** There is nothing better than a relaxing father and son bonding time.

\*choices for kid's body polish:

- cocoa adventure
- milky way
- pink strawberry

\*\*choices for kid's face mask (only available for Girls Only treatment):

- cucumber cutie
- strawberry sweetie



# Angsana for Kids

There is something even for the little ones.

## Neatly Trimmed

30-minute treatment

RMB 200

soak • cut • file

**Spa Tip:** Pamper your hands or feet and keep your nails clean and trimmed.

## Tender Care

30-minute treatment

RMB 200

soak • massage • mask

**Spa Tip:** Treat your hands or feet to some tender loving care.

## Pretty Nails

30-minute treatment

RMB 200

**Spa Tip:** Paint your nails in your favourite colour or add artistic nail designs.

## Braids

30-minute treatment

RMB 200

**Spa Tip:** Style your hair with colourful beads as the therapist braids it into four to six beautiful plaits.

## Tattoo

30-minute treatment

RMB 200

**Spa Tip:** Let beautiful intricate tattoo designs adorn your arm, hand, ankle or back.