



Dear Guest

Be Vigilant and Stay Healthy.

For your safety, please practise good hygiene and take care of your health.

If you feel unwell or are experiencing any respiratory symptoms, fever, cough, shortness of breath and breathing difficulties, please contact our Guest Service Team for immediate medical assistance.

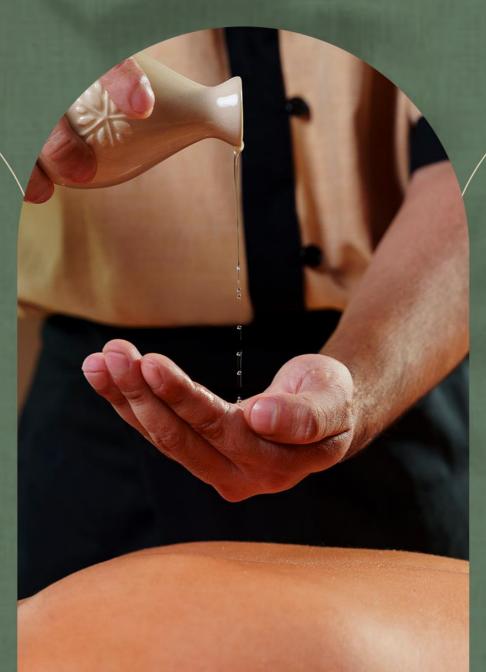
It is important that you report this immediately so as to protect yourself and those around you. The resort team can assist you with preliminary temperature checking if required.

The Management

Angsana Spa Sense the Moment

Close your eyes. Inhale. Exhale. Recharge.

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that burst unexpectedly into fragrant shower of golden yellow blooms.



The glorious Angsana constantly reminds us to live life and savour every moment as time passes inexorably.

Refresh your senses at Angsana Spa where invigorating spa experiences, fresh ingredients and a soothing touch await. Seize your delightful spa moments now and let the day begin!

Enjoy the experience.

Spa Menu

Floral Chic 06 Vitality Starter 07 Essence of Angsana Beauty Treat 09 Sweeten Up 09 Purify Touch 10 Wake Up Call 11 Worry Free 11 Detox Steam 12 Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17 Conditioning Kids Massage 17		
Vitality Starter 07 Essence of Angsana Beauty Treat 09 Sweeten Up 09 Purify Touch 10 Wake Up Call 11 Worry Free 11 Detox Steam 12 Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Angsana Signatures	
Essence of Angsana Beauty Treat 09 Sweeten Up 09 Purify Touch 10 Wake Up Call 11 Worry Free 11 Detox Steam 12 Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Floral Chic	06
Beauty Treat Sweeten Up Purify Touch Wake Up Call Worry Free Detox Steam 12 Signature Massages Angsana Javanese Fusion Dream Thai Pregnancy Massage 19	Vitality Starter	07
Beauty Treat Sweeten Up Purify Touch Wake Up Call Worry Free Detox Steam 12 Signature Massages Angsana Javanese Fusion Dream Thai Pregnancy Massage 19		
Sweeten Up Purify Touch Wake Up Call Worry Free Detox Steam 12 Signature Massages Angsana Javanese Fusion Dream Thai Thai Pregnancy Massage 10 10 11 11 12 11 12 12 13 14 15 15 15 15 16 16 17	Essence of Angsana	
Purify Touch Wake Up Call Worry Free Detox Steam 12 Signature Massages Angsana Javanese Fusion Dream Thai Thai Pregnancy Massage 17	Beauty Treat	09
Wake Up Call Worry Free 11 Detox Steam 12 Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Sweeten Up	09
Worry Free 11 Detox Steam 12 Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Purify Touch	10
Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Wake Up Call	11
Signature Massages Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Worry Free	11
Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Detox Steam	12
Angsana 14 Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17		
Javanese 15 Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Signature Massages	
Fusion 15 Dream 15 Thai 16 Pregnancy Massage 17	Angsana	14
Dream 15 Thai 16 Pregnancy Massage 17	Javanese	15
Thai 16 Pregnancy Massage 17	Fusion	15
Pregnancy Massage 17	Dream	15
	Thai	16
Conditioning Kids Massage 17	Pregnancy Massage	17
	Conditioning Kids Massage	17

Quick Fix	
Back Energy	19
Foot Loose	19
Head, Neck and Shoulders	19
Body Scrubs	
Almond Milk	21
Fruits Delight	21
Honey Sesame	21
Seaside Delight	21
Body Conditioners	
Aloe Cream	23
Avocado Smoothie	23
Mud Mask	23
Olive Soother	23

Facials	
Angsana Facial	25
Eye Mask Contour	25
Facial Refresh	26
Steam Sessions	
Steam	27
Steam in pack	27
Wellness activities	
Yoga	28
Meditation	28
Functional training	28
Other activities	28
Angsana Products	29
Spa Etiquette	32



Floral Chic

180-Minute Treatment / 3 hrs. | \$8,900 MXN



60-min Angsana Massage 15-min Nourish body wrap 45-min Floral pouch scrub 60-min Facial Angsana

Give your body a well-deserved moment with this treat that combines all the classic therapies of Angsana Spa.

Live our sweetest and most elegant experience with a special technique based on infused flowers to increase circulation and eliminate toxins.

Our massage promotes concentration and relaxes tired muscles and afterwards we enjoy a wrap with a body sheet to improve the absorption of the skin. Complete the moment with a delicious and refreshing facial.

Vitality Starter

120-Minute Treatment | \$5,000 MXN



30-min Muscle stretching30-min Herbal salt compress60-min Javanese Massage

Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience, where the herbal compresses will give you a unique and hugging nourishment for your skin and afterwards you can enjoy one of our valuable signature massages.

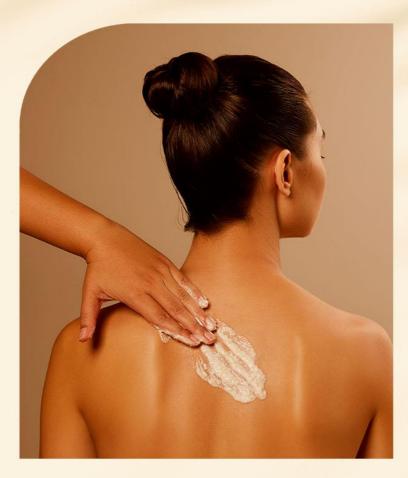


Beauty Treat

120-Minute Treatment | \$6,500 MXN

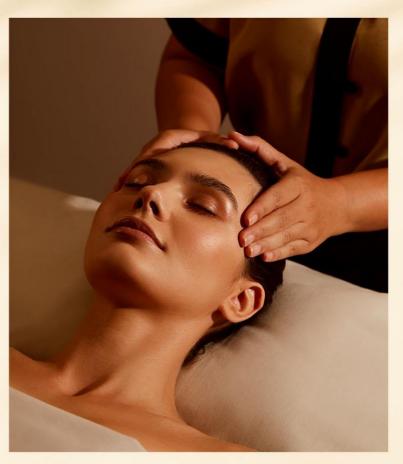
Sweeten Up

120-Minute Treatment | \$6,300 MXN



30-min Body scrub30-min Body wrap60-min Facial Angsana

Ideal for those looking to pamper from top to toe. Personalize your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance

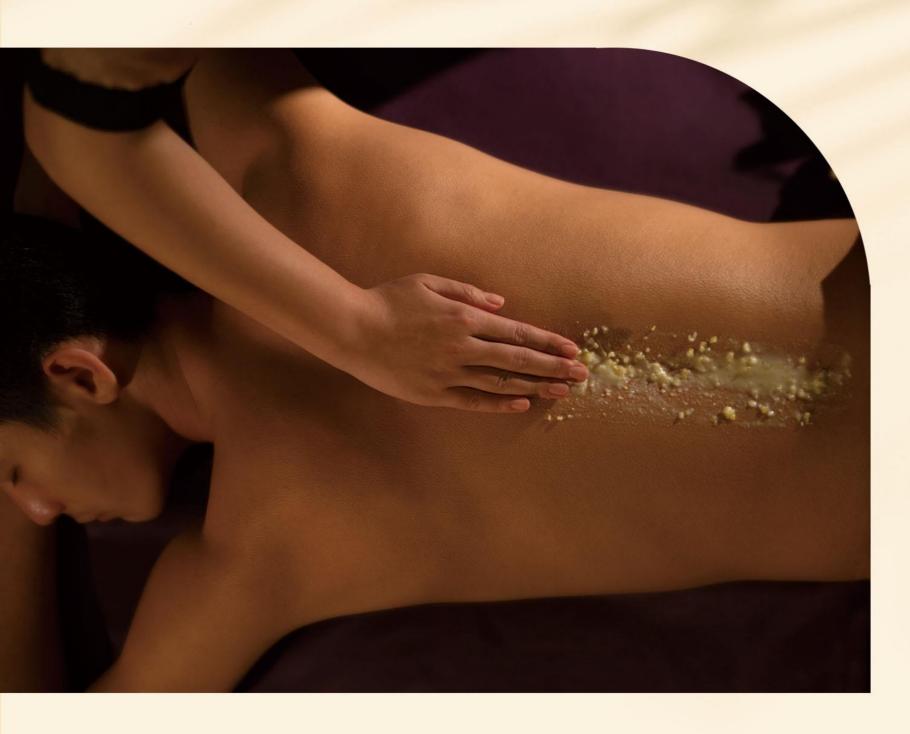


30-min Candlenut body scrub60-min Moisturizing massage30-min Facial refresh

Ideal for those looking to unveil the inner glow. The candlenut is known to be packed with different vitamins and anti-oxidants, which works effectively to soften and moisturize your skin

Purify Touch

120-Minuto Treatment / 2 hrs. | \$5,000 MXN



30-min Ginger warmer scrub30-min Vitality mud mask60-min Fusion massage

Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin

Wake Up Call

90-Minute Treatment | \$4,200 MXN

60-min Fusion massage 30-min Foot massage

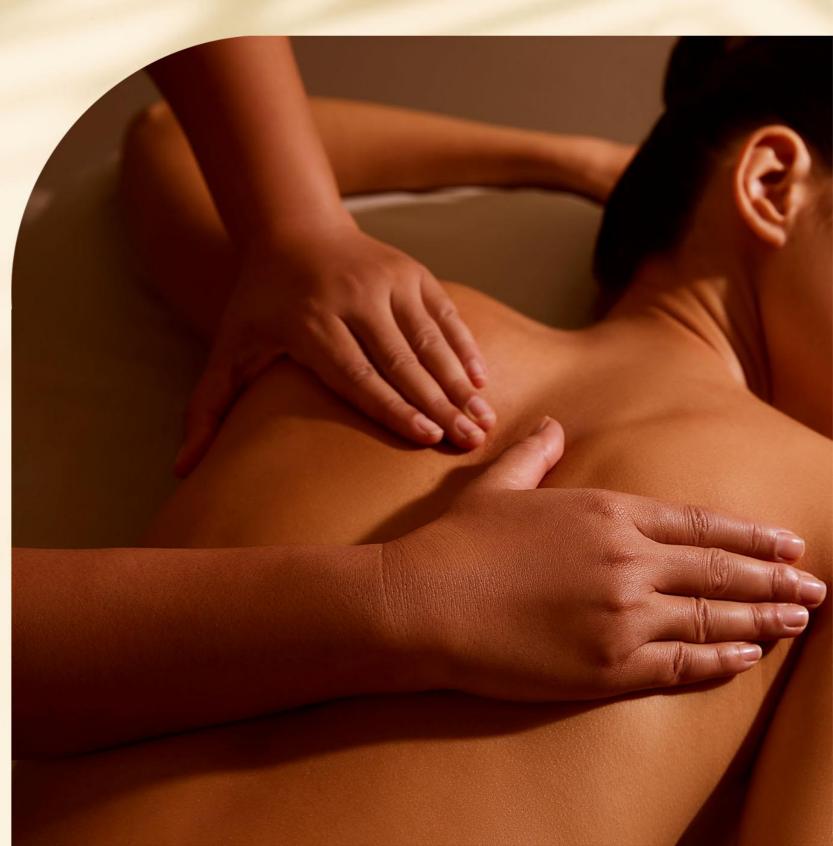
It is ideal for those looking to energize the senses. This treatment is the perfect combination to improve flexibility and revive tired muscles—a relaxing foot massage rounds up the experience.

Worry Free

90-Minute Treatment | \$4,200 MXN

60-min Javanese massage30-min Scalp massage

Our de-stressing treatment is a blissful escape, where deep tissue massage techniques gently loosen your muscles and promote blood flow. The scalp massage targets pressure points, effectively clearing your mind and leaving you feeling relaxed and at ease.



Detox Steam

60-Minute Treatment | \$3,600 MXN

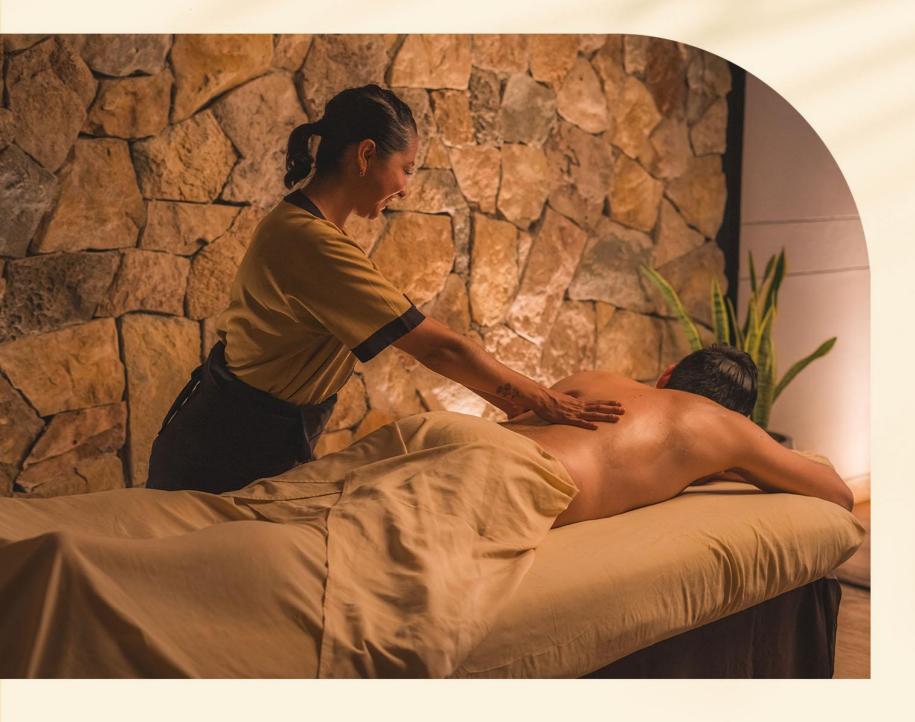


Detoxify yourself with a treatment that mixes ancient techniques. We will make a white clay coverage rich in minerals and we will also provide all the benefits of steam in a session where your body will be able to eliminate everything it no longer needs.



Angsana

60-Minute Treatment | \$3,500 MXN 90-Minute Treatment | \$4,600 MXN



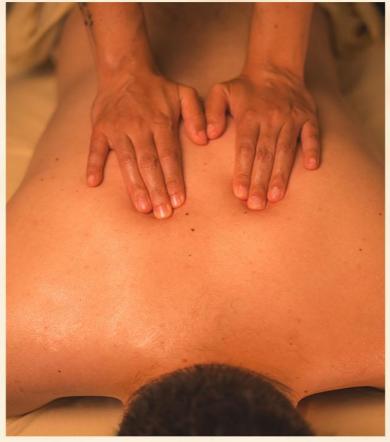
A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner 'qi' or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

Body Massages

60-Minute Treatment | \$3,500 MXN 90-Minute Treatment | \$4,600 MXN



60-Minute Treatment | \$3,500 MXN 90-Minute Treatment | \$4,600 MXN



60-Minute Treatment | \$3,500 MXN 90-Minute Treatment | \$4,600 MXN



Javanese

Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patters. Harmony massage oil works to harmonise the mind, as music is to the soul.

Fusion

A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility.
Invigoration massage oil is used to uplift and refresh the senses.

Dream

Specially created for tired and worn-out bodies, this calming massage soothes tense muscles sing warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.

Thai

60-Minute Treatment | \$3,800 MXN 90-Minute Treatment | \$4,900 MXN



A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner 'qi' or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

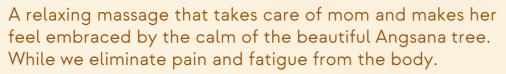
Pregnancy Massage

60-Minute Treatment | \$3,500 MXN

Conditioning kids Massage

60-Minute Treatment | \$3,200 MXN







May the youngest members of the family experience moments of relaxation and well-being. We perform a gentle massage that helps increase circulation in the body and invites you to feel calm with the sesame oil that will leave a delicious sensation on the skin.



30-Minute Treatment | \$2,400 MXN 45-Minute Treatment | \$2,800 MXN

Back Energy

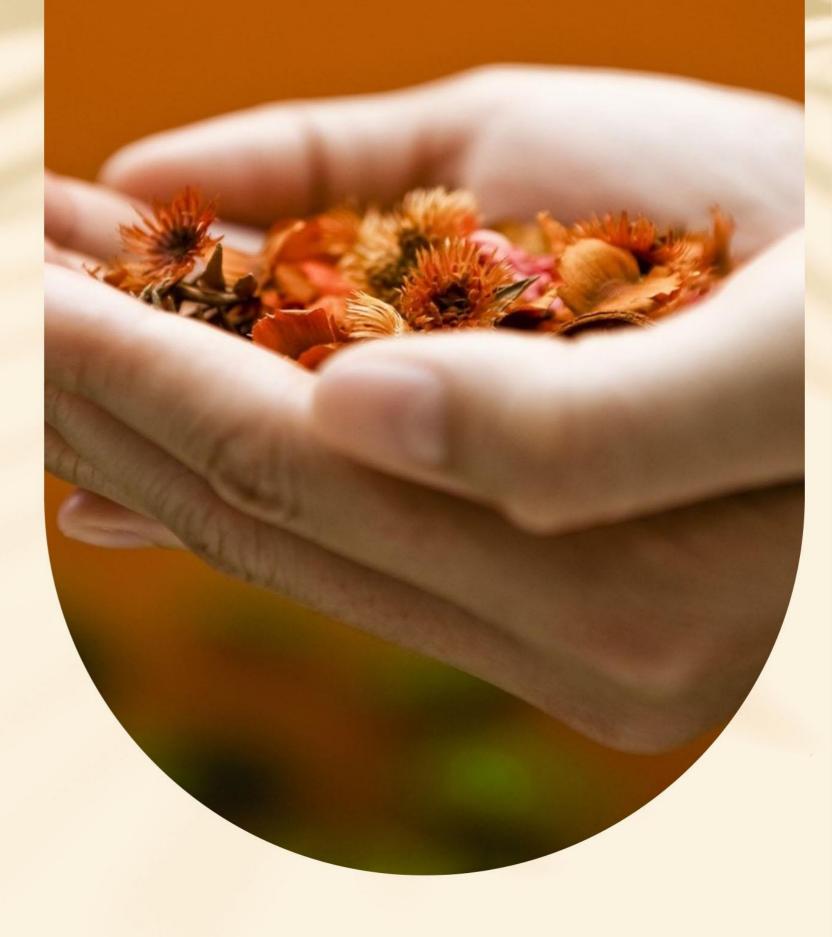
Iron out aches and tensions in the back with this medium to strong pressure massage.

Foot Loose

Step out with happier feet after and energizing leg and foot massage.

Head, Neck and Shoulders

Take the pressure off a heavy day by releasing your neck, shoulders and releasing energy through a scalp massage





Body Polishes

30-Minute Treatment | \$3,000 MXN



Almond Milk

For All Skin Types

A natural skin brightener where the skin is left lighter and more refined.



Honey Sesame

For Normal & Dry Skin

Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.



Fruits Delight

For All Skin Types

Cleanse and brighten your skin with this anti-oxidant body scrub consisting of orange, carrot, apple and lime juice.



Seaside Delight

For All Skin Types

Excellent for cleansing dead skin and removing oil from the skin, leaving glowing skin after treatment



Body Conditioners

30-Minute Treatment | \$3,000 MXN



Aloe Cream

For Dry Skin

Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.



Mud Mask

For Normal & Dry Skin

A deep cleansing treatment using rich mud to detoxify and nourish the skin.



Avocado Smoothies

For All Skin Types

A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.

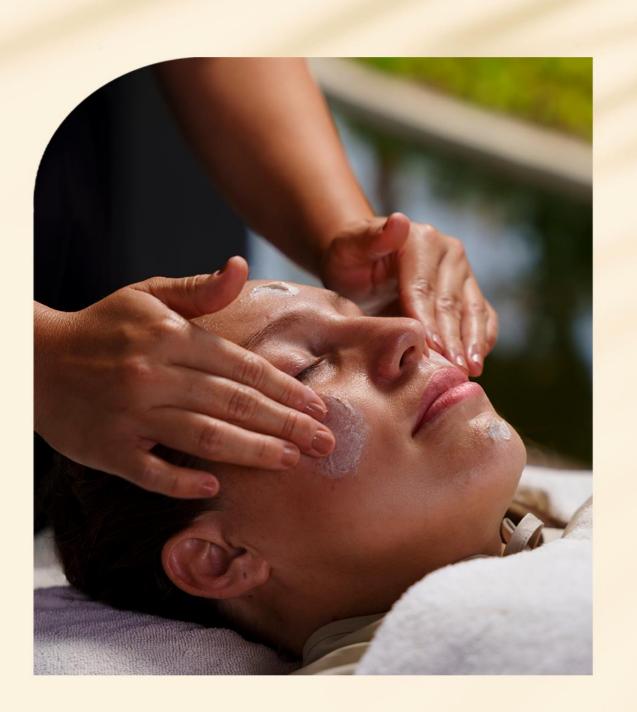


Olive Soother

For All Skin Types

This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.





Angsana Facial

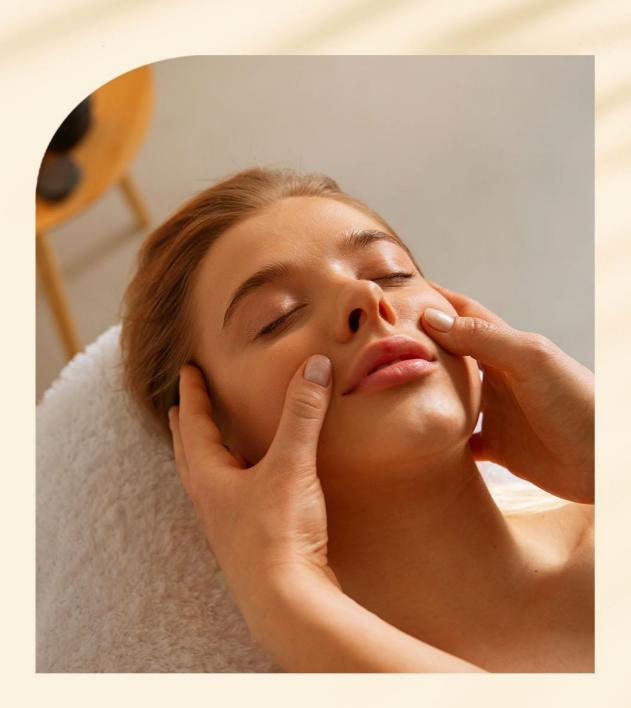
60-Minute Treatment | \$4,400 MXN

A Peel Off mask that allows us to cover different areas of the face such as the eye and lip area, making the most of its benefits through the combination of active ingredients with the power to reverse the signs of aging, a long-lasting effect derived from its active ingredients: Tepezcohuite, Argireline and Hyaluronic Acid and Agave Regenerating Phytocomplex.

Eye Contour Mask

60-Minute Treatment | \$5,000 MXN

This mask reduces inflammation and helps drain the accumulated fluid around the eye areas through Calendula and its other active ingredients hydrate and fill in fine lines.



Facial Refresh

60-Minute Treatment | \$4,400 MXN 30-Minute Treatment | \$3,600 MXN

A "single sheet" mask with an innovative texture, made from coconut cream and a special creamy serum to adapt to different skin problems. At the same time, it has the benefits of tightening the pore, mattifying, toning, lowering redness, moisturizing and regulating the secretion of sebum on the face

Steam Sessions



Steam

30-Minute Treatment | \$1,800 MXN

Take a calm moment, feel safe and at peace as you help your body eliminate toxins with a warm steam session.



Steam in pack

30-Minute Treatment | \$800 MXN

Add a relaxing finishing touch to your treatment and eliminate toxins with a warm steam session.

Wellness Activities

Find the perfect balance and improve your health by staying active with our wellness activities.

Our expert instructors will develop and personalize your training.

Yoga

60-Minutes

Improve your flexibility, strength, and posture. Ashtanga, Hatha, and Vinyasa are available, among other branches of yoga.

Meditation

60-Minutes

Improve your concentration, clear your mind, and find balance with our Meditation sessions.

Functional training

60-Minutes

It consists of performing exercises that adapt to the human body's natural movements to work muscles and joints globally. It adapts to the physical conditions of each person.

Other activities

75-Minutes

Sound Healing, Intentional Mandalas, and Cocoa Ceremony, among many other wellness activities.





Aromatherapy





Bath & Body Care



Shop here

Please take a moment to read this

About treatments

We seek your understanding that only selected treatments will be made available for the time being and a spa treatment specially tailored for your needs will be offered. This is to ensure the wellbeing and safety of both our guests and associates.

Prices are inclusive of prevailing 10% service charge and 16% government tax.

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit.

Valuables

We recommend that no jewelry be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Please take a moment to read this

Smoking & Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability.

Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee.

A full fee will be imposed for a 'no-show'.

Gift Certificates

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Valuables

We recommend that no jewelry be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Disclaimer

The spa treatments, services and/or facilities received or utilized at Angsana Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

