



ANGSANA  
SPA



# Spa Menu

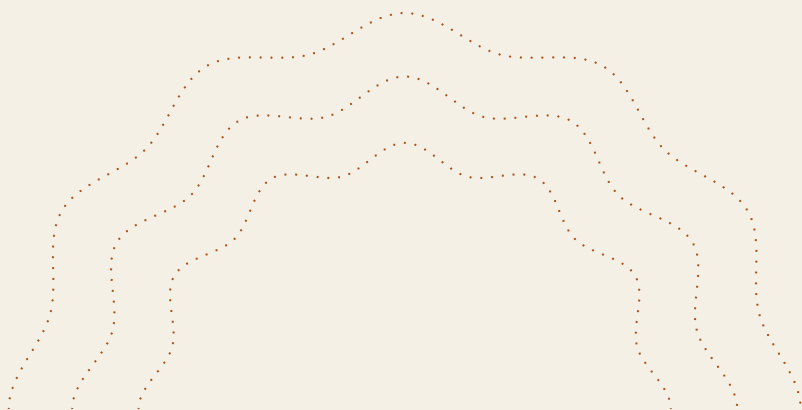


## Our Philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

## Sense of Serenity

Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.





## Please take a moment to read this

### Etiquette

The Spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Cellular phones and electronic devices are discouraged.

### Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

### Attire

Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Disposable undergarments are available on request.

### Reservations

Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmed appointment.

### Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

### Calm Time

Guests will be accorded one complimentary 30-minute Calm Time of refreshments and relaxation per visit, except hand and foot treatments.

### Spa Treatment Hours

Angsana Spa Bintan opens from 9am to 7pm daily and the last treatment ends at 7pm.

### Special Consideration

If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heart conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any Spa services. Please inform your therapist of any medical conditions.

### Smoking and Alcohol

Smoking and the consumption of alcohol within the Spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any Spa treatment.

### Valuables

We recommend that no jewellery be worn at the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the Spa premises.

### Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

### Refund Policy

Treatment packages and spa memberships are non-refundable, non-transferable and non-exchangeable.

### Payment

We accept cash in Indonesian Rupiahs (IDR) and all major credit cards. All prices quoted in '000 Indonesian Rupiahs (IDR) and are exclusive of 10 % service charge and 11% government tax. Prices are subject to change without prior notice.

### Disclaimer

The spa treatments, services and/or facilities received or utilised at Angsana Spa Bintan are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa Bintan, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.





# ANGSANA SIGNATURE

A selection of spa packages specially designed to refresh  
and rejuvenate the mind and body.

## Floral Chic

180-minute treatment

IDR 2,730 ++ per person

- 60-minute Angsana massage
- 15-minute nourish body wrap
- 45-minute floral pouch scrub
- 60-minute choice of facials

Spa Tip: Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.

## Vitality Starter

120-minute treatment

IDR 1,895 ++ per person

- 30-minute muscle stretching
- 30-minute herbal salt compress
- 60-minute choice of body massages

Spa Tip: Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.

# ESSENCE OF ANGSANA

Take your pick from an array of thoughtfully-designed spa packages,  
specially tailored for different needs of the ladies and gentlemen.



Prices are in '000 Indonesian Rupiahs (IDR) and subject to 10 % service charge and 11% government tax.



## WORRY FREE

90-minute treatment

IDR 1,360 ++ per person

60-minute javanese massage | 30-minute scalp massage

Spa Tip: Ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.

## WAKE UP CALL

90-minute treatment

IDR 1,360 ++ per person

60-minute fusion massage | 30-minute foot massage

Spa Tip: Ideal for those looking to energise the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.

## BEAUTY TREAT

120-minute treatment

IDR 1,895 ++ per person

60-minute choice of body massages or body treats | 60-minute facial

Spa Tip: Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.

## PURIFY TOUCH

120-minute treatment

IDR 1,895 ++ per person

30-minute ginger warmer body polish | 30-minute vitality mud mask |  
60-minute choice of body massages

Spa Tip: Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.

## SWEETEN UP

120-minute treatment

IDR 1,895 ++ per person

30-minute candlenut body polish | 60-minute moisturising massage  
30-minute mini facial

Spa Tip: Ideal for those looking to unveil the inner glow. The candlenut is known to be packed with different vitamins and anti-oxidants, which works effectively to soften and moisturise your skin.





# Body Massages

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalise the senses.

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60-minute treatment	IDR 890 ++ per person
90-minute treatment	IDR 1,190 ++ per person

Prices are in '000 Indonesian Rupiahs (IDR) and subject to 10 % service charge and 11% government tax.



## Angsana

Spa Tip: A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which is ideal for the sensual and romantic soul.

## Fusion

Spa Tip: A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.

## Javanese

Spa Tip: Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonise the mind, as music is to the soul.

## Thai

Spa Tip: Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

## Dreams

Spa Tip: Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.



# Quick Fix

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

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30-minute treatment    IDR 580 ++ per person

45-minute treatment    IDR 680 ++ per person

Prices are in '000 Indonesian Rupiahs (IDR) and subject to 10 % service charge and 11% government tax.



## Back Energy

Spa Tip: Iron out aches and tensions in the back with this medium to strong pressure massage.

## Foot Loose

Spa Tip: Step out with happier feet after an energising leg and foot massage.

## Head & Shoulders

Spa Tip: Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.





# Body Polishes

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

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30-minute treatment

IDR 635 ++ per person

Prices are in '000 Indonesian Rupiahs (IDR) and subject to 10 % service charge and 11% government tax.



### **Almond Milk** *For all skin types*

Spa Tip: A natural skin brightener where the skin is left lighter and more refined.

### **Fruits Delight** *For all skin types*

Spa Tip: Cleanse and brighten your skin with this anti-oxidant body scrub consisting of orange, carrot, apple and lime juice.

### **Honey Sesame** *For normal & dry skin*

Spa Tip: Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

### **Seaside Delight** *For oily skin*

Spa Tip: Restore the radiance of your skin with a gentle scrub created from natural ingredients. Walk out with a lingering scent, reminiscent of the tropical seaside.

# Body Conditioners

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

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30-minute treatment

IDR 635 ++ per person

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### **Aloe Cream** *For dry skin*

Spa Tip : Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

### **Mud Mask** *For normal & oily skin*

Spa Tip: A deep cleansing treatment using rich mud to detoxify and nourish the skin.

### **Avocado Smoothie** *For all skin types*

Spa Tip: A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.

### **Olive Soother** *For all skin types*

Spa Tip: This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.



# Angsana for the family

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and little ones. Ideal for kids aged 7 to 14.

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## Family Bonding

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90-minute treatment

IDR 2,300 ++

- for mum or dad: 30-minute body polish  
60-minute body massage
- for kid: 30-minute body polish\*  
60-minute body conditioning massage

Embrace the new definition of “family time”.

\*choices for kid’s body polish:

cocoa adventure  
milky way  
pink strawberry

# FACIALS

Indulge in our revitalising facial treatments to leave your skin glowing with refreshed vitality.

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60-minute treatment    IDR 1,070 ++ per person

## Splendid Soother

60-minute treatment    IDR 1,360 ++ per person

Prices are in '000 Indonesian Rupiahs (IDR) and subject to 10 % service charge and 11% government tax.



## Brilliant Balancer *for combined / oily skin*

Spa Tip: Restore the skin to its healthy balance. Powerful botanical ingredients such as the arnica herb, aloe and lemongrass mattify the T-zone, normalise sebum secretion and tighten enlarged pores. For brilliant-looking skin, a balancing facial mask comprising kaolin, carrot oil and green apple is gently applied to repair and purify. Feel the bounce in your skin at the end of this aromatic treatment.

## Dewy Booster *for normal / dry skin*

Spa Tip: Lock in the moisture in your skin and restore a youthful radiance to your complexion with this perfect remedy for healing and hydrating. Brimming with natural plant and flower extracts, this facial allows nourishing nutrients to be absorbed by the skin after it is deeply cleansed. Look forward to a ravishing glow as a vitamin-enriched strawberry facial mask tickles your senses with its fruity aroma.

## Splendid Soother *for sensitive skin*

Spa Tip: Give your skin a well-deserved soothing treat! Feel refreshingly clean as the treatment diffuses redness and calms the skin. After the deep cleansing to remove impurities, an exclusive Light skin like collagen mask contains nourishing, soothing. Emerge with a visibly smoother appearance and feeling at peace from within.