



ANGSANA  
SPA



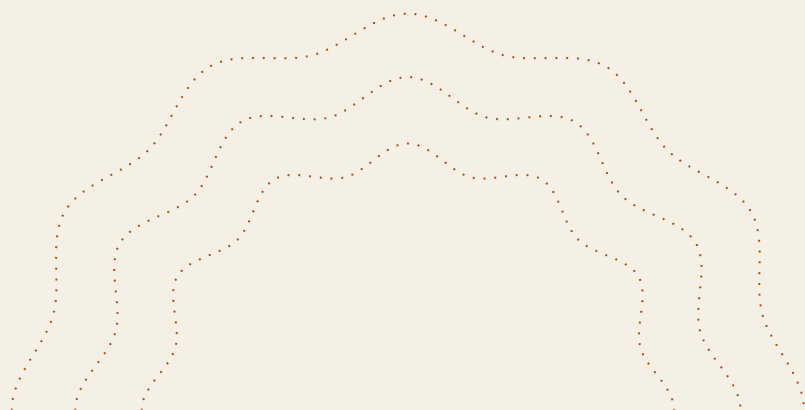
# Spa Menu



## Our Philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

Sense of Serenity: Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.





## Please take a moment to read this

### **Etiquette**

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

### **Calm Time**

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot and selected a la carte treatments.

### **Check-in**

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

### **Valuables**

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

### **Smoking and Alcohol**

Smoking and the consumption of alcohol within the spa are prohibited.

### **Cancellation Policy**

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

### **Refund Policy**

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

### **Gift Certificate**

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

### **Disclaimer**

The spa treatments, services and/or facilities received or utilised at Angsana Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

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# ANGSANA SIGNATURES

A selection of spa packages specially designed to  
refresh and rejuvenate the mind and body.





## Floral Chic

### 180-minute treatment

RMB 2,100

60-minute Angsana massage  
15-minute nourish body wrap  
45-minute floral pouch scrub  
60-minute choice of facials

**Spa Tip:** Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.

## Vitality Starter

### 120-minute treatment

RMB 1,400

30- minute muscle stretching  
30- minute herbal salt compress  
60- minute choice of body massages

**Spa Tip:** Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.



# Essence Angsana

Take your pick from an array of thoughtfully-designed  
spa packages, specially tailored for different needs of  
the ladies and gentlemen.



## Beauty Treat

### 120-minute treatment

RMB 1,510

60-minute choice of body massages or body treats

60-minute facial

**Spa Tip:** Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.

## Purify Touch

### 120-minute treatment

RMB 1,400

30-minute ginger warmer body polish

30-minute vitality mud mask

60-minute choice of body massages

**Spa Tip:** Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.

## Sweeten Up

### 120-minute treatment

RMB 1,400

30-minute macadamia nut body polish

60-minute moisturising massage

30-minute mini facial

**Spa Tip:** Ideal for those looking to unveil the inner glow. The candlenut is known to be packed with different vitamins and anti-oxidants, which works effectively to soften and moisturise your skin.

## Worry Free

### 90-minute treatment

RMB 1,200

60-minute javanese massage

30-minute scalp massage

**Spa Tip:** Ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.

## Wake Up Call

### 90-minute treatment

RMB 1,200

60-minute fusion massage

30-minute foot massage

**Spa Tip:** Ideal for those looking to energise the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.



# Body Massages

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalise the senses.

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60-minute treatment	RMB 820
90-minute treatment	RMB 1,200





## Angsana

A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

## Fusion

A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.

## Javanese

Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonise the mind, as music is to the soul.

## Thai

Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

## Dreams

Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.

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# Foot Reflexology

Make your pick from an array of thoughtfully-designed spa packages, specially tailored for different needs of the ladies and gentlemen.



## Cloud Nine

90-minute treatment

RMB 1,080

**Spa Tip:** Induce deep relaxation with a back massage and soothe your cares with a foot polish. Complete this revitalising treatment with a foot reflexology massage.

## Sole to Soul

60-minute treatment

RMB 780

**Spa Tip:** Untie the knots in your tired feet and comfort your worn-out body with a foot polish followed by an energising foot reflexology massage.

**\*choice of foot baths:**

- aroma salt: ideal for detoxifying and cleansing the skin.
- citrus: ideal for boosting the immune system and has anti-oxidant and anti-inflammatory properties.
- ginger: ginger improves blood circulation and has an anti-inflammatory effect.
- ginseng: ginseng is beneficial for alleviating fatigue and enhancing immunity.
- milk: milk moisturises and nourishes the skin, leaving it soft and dewy.



# Quick Fix

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

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30-minute treatment	RMB 466
45-minute treatment	RMB 560





## Back Energy

Iron out aches and tensions in the back with this medium to strong pressure massage.

## Foot Loose

Step out with happier feet after an energising leg and foot massage.

## Head & Shoulders

Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.





# Body Polishes

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

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30-minute treatment

RMB 466



## **Almond Milk** For all skin types

**Spa Tip:** A natural skin brightener where the skin is left lighter and more refined.

## **Fruits Delight** For all skin types

**Spa Tip:** Cleanse and brighten your skin with this anti-oxidant body scrub consisting of orange, carrot, apple and lime juice.

## **Honey Sesame** For normal & dry skin

**Spa Tip:** Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

## **Seaside Delight** For oily skin

**Spa Tip:** Restore the radiance of your skin with a gentle scrub created from natural ingredients. Walk out with a lingering scent, reminiscent of the tropical seaside.



# Body Conditioners

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

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30-minute treatment      RMB 466



## **Aloe Cream** For dry skin

**Spa Tip:** Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

## **Avocado Smoothie** For all skin types

**Spa Tip:** A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.

## **Mud Mask** For normal & oily skin

**Spa Tip:** A deep cleansing treatment using rich mud to detoxify and nourish the skin.

## **Olive Soother** For all skin types

**Spa Tip:** This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.



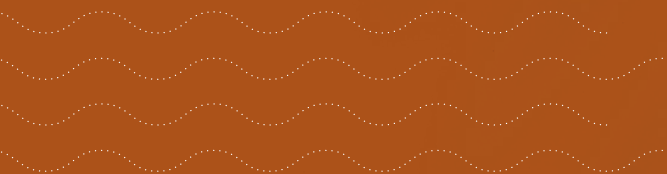
# Calming Baths

Choose your favourite calming bath to complete your pampering spa experience.

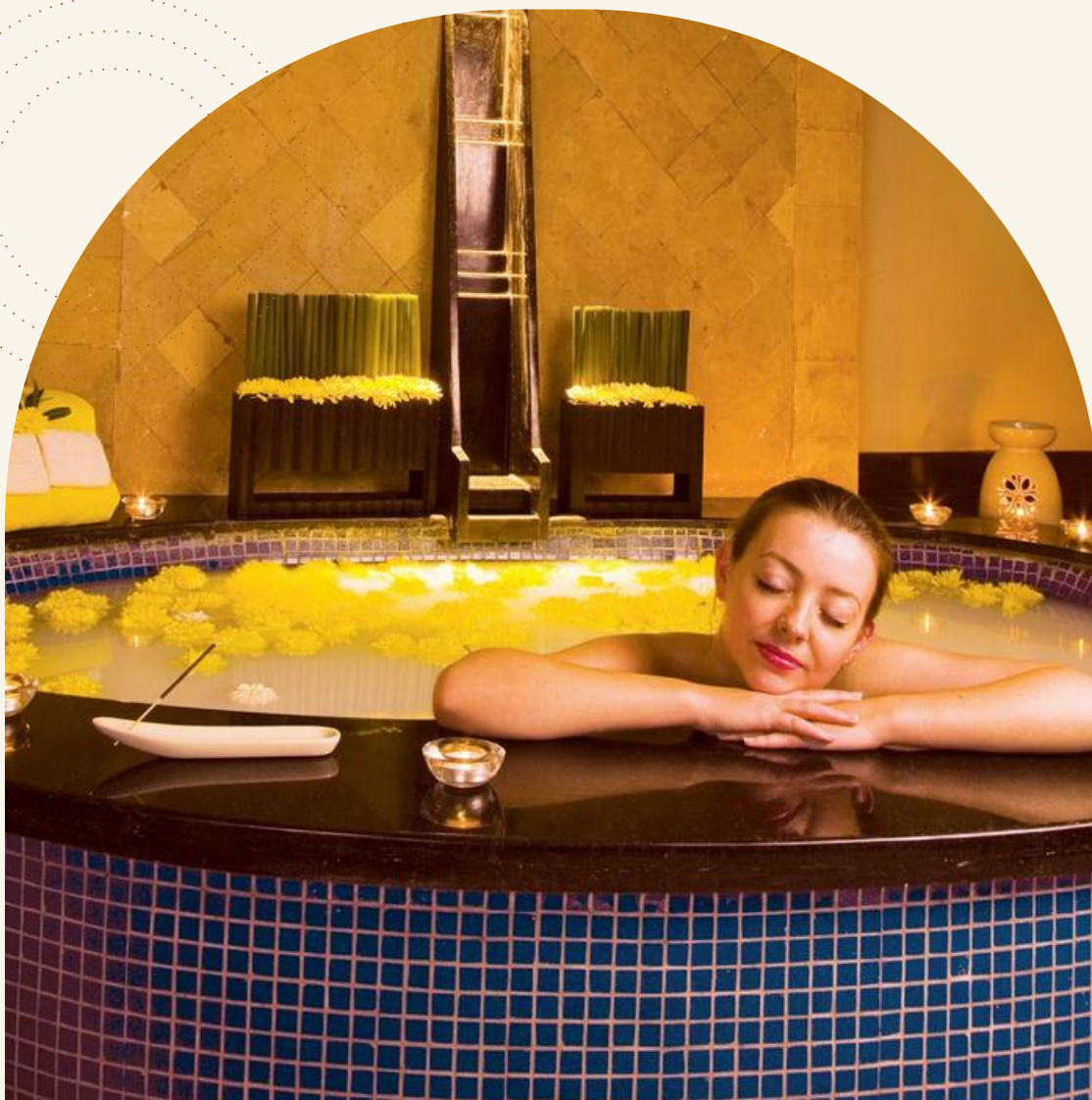
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30-minute treatment

RMB 466







## Coffee

**Spa Tip:** The aromatic scent of the coffee helps to relax your body and mind.

## Eucalyptus

**Spa Tip:** Feel totally energised with this uplifting bath to perk up your senses.

## Jasmine Frangipani

**Spa Tip:** Feel suitably refreshed with this fragrant bath to conclude your wellness treat.

## Orange Milk

**Spa Tip:** An irresistible bath, infused with fresh orange slices, milk and orange essential oil, packed with natural goodness and nutrients



# Angsana for the Family

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and little ones. Ideal for kids aged 7 to 14.



## Family Bonding

90-minute treatment

RMB 1,988

For Mum and Dad:

30- minute body polish

60- minute massage

For Kid:

30- minute body polish\*

60- minute body conditioning massage

Spa Tip: Embrace the new definition of “family time”.

## Girls Only

120-minute treatment

RMB 2,332

For Mum:

60-minute body massage

60-minute facial

For daughter:

30-minute body polish\*

45-minute body conditioning massage

15-minute face mask\*\*

30-minute nail painting

**Spa Tip:** A specially created mother-daughter escape for the reigning queen and princess.

## Boys' Hangout

90-minute treatment

RMB 1,988

For Dad:

90-minute body massage

For Son:

30-minute body polish\*

45-minute body conditioning massage

15-minute nail cut

**Spa Tip:** There is nothing better than a relaxing father and son bonding time.

\*choices for kid's body polish:

- cocoa adventure
- milky way
- pink strawberry

\*\*choices for kid's face mask (only available for Girls Only treatment):

- cucumber cutie
- strawberry sweetie