



## our philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

**Sense of Serenity:** Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.

## PLEASE TAKE A MOMENT TO READ THIS

### **Etiquette**

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

### **Calm Time**

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot and selected a la carte treatments.

### **Check-in**

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

### **Valuables**

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

### **Smoking and Alcohol**

Smoking and the consumption of alcohol within the spa are prohibited.

### **Cancellation Policy**

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

### **Refund Policy**

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

### **Gift Certificates**

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

### **Disclaimer**

The spa treatments, services and/or facilities received or utilised at Angsana Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

# angsana signatures

A selection of spa packages specially designed to refresh and rejuvenate the mind and body.

## Floral Chic

180-minute treatment

RMB 2,100

60-minute Angsana massage • 15-minute nourish body wrap • 45-minute floral pouch scrub • 60-minute choice of facials

*Spa Tip: Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.*

## Vitality Starter

120-minute treatment

RMB 1,400

30-minute muscle stretching • 30-minute herbal salt compress • 60-minute choice of body massages

*Spa Tip: Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.*

# essence of angšana

Take your pick from an array of thoughtfully-designed spa packages, specially tailored for different needs of the ladies and gentlemen.

## Beauty Treat

120-minute treatment

RMB 1,510

60-minute choice of body massages or body treats • 60-minute facial

*Spa Tip: Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.*

## Purify Touch

120-minute treatment

RMB 1,400

30-minute ginger warmer body polish • 30-minute vitality mud mask • 60-minute choice of body massages

*Spa Tip: Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.*

## Sweeten Up

120-minute treatment

RMB 1,400

30-minute candlenut body polish • 60-minute moisturising massage • 30-minute mini facial

*Spa Tip: Ideal for those looking to unveil the inner glow. The candlenut is known to be packed with different vitamins and anti-oxidants, which works effectively to soften and moisturise your skin.*

# essence of angšana

Take your pick from an array of thoughtfully-designed spa packages, specially tailored for different needs of the ladies and gentlemen.

## Worry Free

90-minute treatment

RMB 1,200

60-minute javanese massage • 30-minute scalp massage

*Spa Tip: Ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.*

## Wake Up Call

90-minute treatment

RMB 1,200

60-minute fusion massage • 30-minute foot massage

*Spa Tip: Ideal for those looking to energise the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.*

# rainmist experience

A signature Angsana Spa innovation, the revitalising Rainmist experience combines cascading rain shower and steam bath with pampering body treatments.

## Rainmist Indulgence

RMB 1,500

120-minute treatment

10-minute rainmist • 20-minute ginger body polish • 5-minute rain shower • 15-minute ginger body conditioner and steam • 10-minute rain shower • 60-minute choice of body massages

*Spa Tip: Soothe your body with the signature rainmist experience complete with an indulgent series of body treats.*

## Rainmist Classic

RMB 900

60-minute treatment

10-minute rainmist • 20-minute jasmine frangipani salt body polish • 5-minute rain shower • 15-minute soya honey body conditioner and steam • 10-minute rain shower

*Spa Tip: An invigorating rain shower combined with moisturising body treatments to awaken your senses and hydrate the skin.*

# body massages

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalise the senses.

60-minute treatment	RMB 820
90-minute treatment	RMB 1,200

## Angsana

*Spa Tip: A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.*

## Fusion

*Spa Tip: A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.*

## Javanese

*Spa Tip: Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonise the mind, as music is to the soul.*

## Thai

*Spa Tip: Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.*

## Dreams

*Spa Tip: Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.*

# foot reflexology

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

## Cloud Nine

90-minute treatment

RMB 1,080

*Spa Tip: Induce deep relaxation with a back massage and soothe your cares with a foot polish. Complete this revitalising treatment with a foot reflexology massage.*

## Sole to Soul

60-minute treatment

RMB 780

*Spa Tip: Untie the knots in your tired feet and comfort your worn-out body with a foot polish followed by an energising foot reflexology massage.*

*\*choice of foot baths:*

- aroma salt: ideal for detoxifying and cleansing the skin.
- citrus: ideal for boosting the immune system and has anti-oxidant and anti-inflammatory properties.
- ginger: ginger improves blood circulation and has an anti-inflammatory effect.
- ginseng: ginseng is beneficial for alleviating fatigue and enhancing immunity.
- milk: milk moisturises and nourishes the skin, leaving it soft and dewy.

# quick fix

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

30-minute treatment	RMB 466
45-minute treatment	RMB 560

## Back Energy

*Spa Tip: Iron out aches and tensions in the back with this medium to strong pressure massage.*

## Foot Loose

*Spa Tip: Step out with happier feet after an energising leg and foot massage.*

## Head & Shoulders

*Spa Tip: Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.*

# facials

Indulge in our revitalising facial treatments to leave your skin glowing with refreshed vitality.

## Age Defier

60-minute treatment

RMB 1,500

*Spa Tip: Enriched with premium caviar and pearl extracts, this facial nourishes and smoothens fine lines. Let the innovative therapy of natural enzymes and marine ingredients unclog pores and prepares your skin for greater absorbency. Look radiant after a firming mask packed with collagen goodness. Ideal for matured skin.*

## Brilliant Balancer

60-minute treatment

RMB 900

*Spa Tip: Feel the bounce in your skin after this aromatic treatment. Botanical ingredients such as the arnica herb, aloe and lemongrass normalise sebum secretion and tighten pores. For brilliant-looking skin, a balancing facial mask comprising kaolin, carrot oil and green apple repairs and purifies. Ideal for oily & combination skin.*

## Dewy Booster

60-minute treatment

RMB 900

*Spa Tip: Restore a youthful radiance to your complexion with this perfect remedy for hydrating. Brimming with natural plant and flower extracts, this facial allows nutrients to be absorbed by the skin after it is deeply cleansed. A vitamin-enriched strawberry facial mask tickles your senses with its fruity aroma. Ideal for normal & dry skin.*

# facials

Indulge in our revitalising facial treatments that leave your skin glowing with refreshed vitality.

## **Splendid Soother**

60-minute treatment

RMB 900

*Spa Tip: Give your skin a well-deserved treat! Feel refreshingly clean as the treatment diffuses redness and calms the skin. After a deep cleansing, a creamy facial mask containing shea butter and chamomile oil is applied to your face. Emerge with a visibly smoother appearance and feeling at peace from within. Ideal for sensitive skin.*

## **Miracle Eyes Treatment**

30-minute treatment

RMB 466

*Spa Tip: An anti-ageing treat using ginkgo biloba for eye contour. This specialised treatment hydrates and focuses on delicate areas around the eyes with lifting techniques to reduce dark circles and puffiness.*

# body polishes

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

30-minute treatment | RMB 466

## Almond Milk

for all skin types

*Spa Tip: A natural skin brightener where the skin is left lighter and more refined.*

## Fruits Delight

for all skin types

*Spa Tip: Cleanse and brighten your skin with this anti-oxidant body scrub consisting of orange, carrot, apple and lime juice.*

## Honey Sesame

for normal & dry skin

*Spa Tip: Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.*

## Jasmine Frangipani

for oily skin

*Spa Tip: Smell your floral best and show off sparkling skin after the treatment.*

# body conditioners

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

30-minute treatment | RMB 466

## **Aloe Cream** for dry skin

*Spa Tip: Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.*

## **Avocado Smoothie** for all skin types

*Spa Tip: A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.*

## **Mud Mask** for normal & oily skin

*Spa Tip: A deep cleansing treatment using rich mud to detoxify and nourish the skin.*

## **Olive Soother** for all skin types

*Spa Tip: This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.*

# calming baths

Choose your favourite calming bath to complete your pampering spa experience.

30-minute treatment | RMB 466

## Coffee

*Spa Tip: The aromatic scent of the coffee helps to relax your body and mind.*

## Eucalyptus

*Spa Tip: Feel totally energised with this uplifting bath to perk up your senses.*

## Jasmine Frangipani

*Spa Tip: Feel suitably refreshed with this fragrant bath to conclude your wellness treat.*

## Orange Milk

*Spa Tip: An irresistible bath, infused with fresh orange slices, milk and orange essential oil, packed with natural goodness and nutrients.*

# angsana for the family

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and little ones. Ideal for kids aged 7 to 14.

## Family Bonding

RMB 1,988

90-minute treatment

for mum or dad: 30-minute body polish • 60-minute body massage

for kid: 30-minute body polish\* • 60-minute body conditioning massage

*Spa Tip: Embrace the new definition of “family time”.*

## Girls Only

RMB 2,332

120-minute treatment

for mum: 60-minute body massage • 60-minute facial

for daughter: 30-minute body polish\* • 45-minute body conditioning massage • 15-minute face mask\*\* • 30-minute nail painting

*Spa Tip: A specially created mother-daughter escape for the reigning queen and princess.*

## Boys' Hangout

RMB 1,988

90-minute treatment

for dad: 90-minute body massage

for son: 30-minute body polish\* • 45-minute body conditioning massage • 15-minute nail cut

*Spa Tip: There is nothing better than a relaxing father and son bonding time.*

*\*choices for kid's body polish:*

- cocoa adventure
- milky way
- pink strawberry

*\*\*choices for kid's face mask (only available for Girls Only treatment):*

- cucumber cutie
- strawberry sweetie

Prices are subject to prevailing 10% service charge and 6% government tax.