



our philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

Sense of Serenity: Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.

PLEASE TAKE A MOMENT TO READ THIS

Etiquette

The Spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Cellular phones and electronic devices are discouraged.

Attire

Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Disposable undergarments are available on request.

Reservations

Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmed appointment.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Calm Time

Guests will be accorded one complimentary 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, waxing treatments, and baths.

Spa Treatment Hours

Angsana Spa is open from 10am to 8pm daily. Last treatment ends at 8pm.

Special Consideration

If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heart conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any Spa services. Please inform your therapist of any medical conditions.

Smoking and Alcohol

Smoking and the consumption of alcohol within the Spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any Spa treatment.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Valuables

We recommend that no jewellery be worn at the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the Spa premises.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Payment

We accept cash and all major credit cards. All prices are quoted in (ZAR) South African Rand and are inclusive of 10% service charge and 15% VAT. Prices are subject to change without prior notice.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Angsana Spa Vineyard Hotel are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa Vineyard Hotel, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

angsana signatures

A selection of spa packages specially designed to refresh and rejuvenate the mind and body.

Floral Chic

R 1,700

180-minute treatment

60-minute Angsana massage • 15-minute nourish body wrap • 45-minute floral pouch scrub • 60-minute choice of facials[^]

Spa Tip: Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.

[^]Not applicable for Age Defier facial

Vitality Starter

R 1,500

120-minute treatment

30-minute muscle stretching • 30-minute herbal salt compress • 60-minute choice of body massages

Spa Tip: Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.

essence of angsana

Take your pick from an array of thoughtfully-designed spa packages, specially tailored for different needs of the ladies and gentlemen.

Beauty Treat

120-minute treatment

R 1,350

60-minute choice of body massages • 60-minute facial^

Spa Tip: Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.

[^]Not applicable for Age Defier facial

Purify Touch

120-minute treatment

R 1,500

30-minute ginger warmer body polish • 30-minute vitality mud mask • 60-minute choice of body massages

Spa Tip: Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.

Sweeten Up

120-minute treatment

R 1,600

30-minute macadamia nut body polish • 60-minute moisturising massage • 30-minute mini facial

Spa Tip: Ideal for those looking to unveil the inner glow. The macadamia nut is known to be packed with different vitamins and premature aging prevention benefit which works effectively to soften and moisturise your skin.

essence of angsana

Take your pick from an array of thoughtfully-designed spa packages, specially tailored for different needs of the ladies and gentlemen.

Worry Free

90-minute treatment

R 1100

60-minute javanese massage • 30-minute scalp massage

Spa Tip: Ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.

Wake Up Call

90-minute treatment

R 1100

60-minute fusion massage • 30-minute foot massage

Spa Tip: Ideal for those looking to energise the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.

body massages

Prices are inclusive of service charge and government tax.

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalise the senses.

Angsana	60-minute treatment	R 700
	90-minute treatment	R 900

Spa Tip: signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

Fusion	60-minute treatment	R 700
	90-minute treatment	R 900

Spa Tip: A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.

Javanese	60-minute treatment	R 750
	90-minute treatment	R 950

Spa Tip: Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonise the mind, as music is to the soul.

Thai	60-minute treatment	R 750
	90-minute treatment	R 950

Spa Tip: Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

Dreams^	60-minute treatment	R 700
	90-minute treatment	R 900

Spa Tip: Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.

^Ideal for mothers-to-be or those who prefer to lie on their sides, available in 60 minutes.

quick fix

Prices are inclusive of service charge and government tax.

Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

30-minute treatment	R 450
45-minute treatment	R 550

Back Energy

Spa Tip: Iron out aches and tensions in the back with this medium to strong pressure massage.

Foot Loose

Spa Tip: Step out with happier feet after an energising leg and foot massage.

Head & Shoulders

Spa Tip: Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.

facials

Prices are inclusive of service charge and government tax.

Indulge in our revitalising facial treatments to leave your skin glowing with refreshed vitality.

Age Defier
for matured skin

60-minute treatment

R 1,550

Spa Tip: A unique skin therapy that stimulates cellular metabolism to plump up fine lines, improve elasticity and restore natural brilliance to the skin. This treatment includes a soothing back and shoulders massage to induce deep relaxation. Ideal for all skin types.

Brilliant Balancer
for combined/oily skin

60-minute treatment

R 650

Spa Tip: Restore the skin to its healthy balance. Powerful botanical ingredients such as the arnica herb, aloe and lemongrass mattify the T-zone, normalise sebum secretion and tighten enlarged pores. For brilliant-looking skin, a balancing facial mask comprising kaolin, carrot oil and green apple is gently applied to repair and purify. Feel the bounce in your skin at the end of this aromatic treatment.

Dewy Booster
for normal/dry skin

60-minute treatment

R 650

Spa Tip: Lock in the moisture in your skin and restore a youthful radiance to your complexion with this perfect remedy for healing and hydrating. Brimming with natural plant and flower extracts, this facial allows nourishing nutrients to be absorbed by the skin after it is deeply cleansed. Look forward to a ravishing glow as a vitamin-enriched strawberry facial mask tickles your senses with its fruity aroma.

facials

Indulge in our revitalising facial treatments to leave your skin glowing with refreshed vitality.

Splendid Soother

for sensitive skin

60-minute treatment

R 650

Spa Tip: Give your skin a well-deserved soothing treat! Feel refreshingly clean as the treatment diffuses redness and calms the skin. After the deep cleansing to remove impurities, an exclusive creamy facial mask containing shea butter and chamomile oil is applied to your face. Emerge with a visibly smoother appearance and feeling at peace from within.

Miracle Eyes Treatment

30-minute treatment

R 500

Spa Tip: An anti-ageing treat with benefits for eye contour.

This multi action eye treatment truly refreshes and revitalizes tired eyes. This therapy uses an innovative combination of soothing and decongesting ingredients to truly reduce puffiness and dark circles. Emerge with visible refreshed bright eyes.

body polishes

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

30-minute treatment | R 450

Almond Milk

for all skin types

Spa Tip: A natural skin brightener where the skin is left lighter and more refined.

Apple Oatmeal

for all skin types

Spa Tip: Achieve that cleansed and healthy skin with this polish which nourishes while effectively removing grime from the skin.

Honey Sesame

for normal & dry skin

Spa Tip: Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

Jasmine

Frangipani

for oily skin

Spa Tip: Smell your floral best and show off sparkling skin after the treatment.

body conditioners

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

30-minute treatment | R 450

Aloe Cream for dry skin

Spa Tip: Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

Avocado Smoothie for all skin types

Spa Tip: A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.

Olive Soother for all skin types

Spa Tip: This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.

essential pampering

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Hand Deluxe

75-minute treatment

R 360

Spa Tip: The nails are cleaned and shaped according to your preference. A massage soothes the hands after a gentle scrub, followed by a hand mask to give a smooth and silky feel. It concludes with nail colouring or nail buffing.

Hand Essentials

45-minute treatment

R 320

Spa Tip: The nails are cleaned and shaped according to your preference, while the hands are scrubbed and conditioned before a hand mask restores moisture to the skin.

Shape & Hand Revarnish

30-minute treatment

R 200

Spa Tip: Relax and cleanse the hands with a warm towel followed by shaping and nail colouring.

Smoother Hands

30-minute treatment

R 280

Spa Tip: Relax and cleanse the hands with a warm towel, gently exfoliate the dead skin cells followed by a mask to regain smoother hands.

essential pampering

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Foot Deluxe	75-minute treatment	R 400
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Spa Tip: Pamper your neglected soles with this foot care programme. Nails are cleaned and shaped according to your preference. A massage relaxes the feet after a gentle scrub, followed by a foot mask for a velvety feel. It concludes with nail colouring or nail buffing.

Foot Essentials	45-minute treatment	R 350
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Spa Tip: Add a spring to your steps! Nails are cleaned, trimmed and shaped according to your preference, while the feet are scrubbed and conditioned before a foot mask restores moisture to the skin.

Shape & Foot Revarnish	30-minute treatment	R 220
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Spa Tip: Start with a skin softening foot soak in warm water followed by shaping and nail colouring.

Softer Soles	30-minute treatment	R 300
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Spa Tip: Enjoy a refreshing foot wipe followed by gentle exfoliation with a foot file and a mask for softer and smoother skin.

angsana for the family

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and little ones. Ideal for kids aged 7 to 14.

Family Bonding

90-minute treatment

R 2,100

for mum or dad: 30-minute body polish • 60-minute body massage

for kid: 30-minute body polish* • 60-minute body conditioning massage

Spa Tip: Embrace the new definition of “family time”.

Girls Only

120-minute treatment

R 2,300

for mum: 60-minute body massage • 60-minute facial

for daughter: 30-minute body polish* • 45-minute body conditioning massage • 15-minute face mask** • 30-minute nail painting

Spa Tip: A specially created mother-daughter escape for the reigning queen and princess.

Boys' Hangout

90-minute treatment

R 1,800

for dad: 90-minute body massage

for son: 30-minute body polish* • 45-minute body conditioning massage • 15-minute nail cut

Spa Tip: There is nothing better than a relaxing father and son bonding time.

**choices for kid's body polish:*

- cocoa adventure
- milky way
- pink strawberry

***choices for kid's face mask (only available for Girls Only treatment):*

- cucumber cutie
- strawberry sweetie