



PRESS RELEASE

Combine the buzz of Adrenaline with a sense of Zen in Mauritius



Mauritius, April 2016: Just in time for summer, the boutique resort of **Angsana BalACLAVA Mauritius** has launched their 'Adrenaline & Zen' experience, offering guests a wave of high adventure activities, followed by Zen-inspired pampering. To offset urban stress, city dwellers are increasingly seeking anxiety-busting experiences, combining high-energy with complete relaxation. High-adrenaline activities are trending, as "extreme" has become the cultural zeitgeist. With a vast array of on-site and off-site adventures, the team at Angsana BalACLAVA Mauritius is on hand to tailor Adrenaline activities with chill-out experiences for guests.

Perfect for two, couples can try out sub scooters, a fun way to 'drive' along the ocean's sea bed, whilst solo explorers can experience a once-of-a-lifetime tandem skydive with a 360° bird's eye view of Mauritius's coast, mountains and coral reefs. Nature lovers can enjoy the wonders of Casela Nature Park and participate in activities such as mud karting and canoeing; zip lining and quad biking, whilst fitness fanatics may enjoy a hike over mount Piton de la Petite Riviere Noir or the Pieter Both. Those who have a need-for-speed will love racing though the water on the Sea Hover, a waterborne boat offering trips to the nearby west coast, where Benitier's Island, Le Morne and the popular coast of Flic en Flac can be explored.

Back at the resort, active guests can try their hand at scuba diving, deep sea fishing, water skiing and kayaking or make the most of the state of the art facilities including a fully equipped fitness center.

Following an action-packed day, guests can find their Zen at the award-winning **Angsana Spa BalACLAVA** where freshly concocted ingredients are blended to treat the body and calm the mind. Tired muscles will be soothed with the Dream Massage or the Angsana Divine; the first, a treatment created especially to relax tired, tense muscles using warm nutrient-rich Sesame oil. The second massage is an indulgent 180-minute treatment designed to relieve aching muscles. A deep massage is followed by a gentle exfoliating Ylang Ylang body polish and a revitalising facial. To complete the journey of rejuvenation and relaxation, the expert Angsana Spa team will draw a soothing bath and let the uplifting and relaxing properties of Ylang

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Ylang work tension and stress from the body.

Those looking for alternative ways to relax body and mind can enjoy a wide variety of 'Zen' type experiences from cooking classes to beach BBQs just for two. Indulge in an epicurean adventure starting with a trip to the local market with the Chef, where guests can choose fresh ingredients before heading back to the hotel to prepare exquisite local dishes. After cooking up a storm, couples can relax in the privacy of their suite and immerse into a state of bliss with Angsana's signature baths accompanied by bubbly and canapés. Following a soothing soak, guests can enjoy the primitive beauty of raw Mauritius while relishing a specially prepared feast under the stars. Whilst guests make memories, a private chef and waiter will be on hand to tender to every need, providing the ultimate 'Zen' filled evening for two. Book a Beachfront or Oceanfront Pool Suite and make the most of the private pool and steam shower; with stunning views of the Indian Ocean and front row seats to the best sun sets on the island.

Summer Holiday offer

Book your summer holiday before 22nd April 2016 and save up to 40% on your stay.

Valid for stays between April to September 2016 (terms & conditions apply)

<http://www.angsana.com/en/em-mauritius-balaclava/discover-value/summer-holiday>

Book online or contact the resort on +230 204 1888 or email: balaclava@angsana.com

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About Angsana

Angsana brings the adventure back into travel whatever your age or reason to visit. Intertwining local chic and a vibrant fun-filled atmosphere, Angsana offers exotic destination playgrounds across the world. Each hotel is uniquely designed to provide spacious stylish rooms and suites, perfect for couples, families and groups of friends. www.angsana.com